

When The Air Hits Your Brain Tales Of Neurosurgery Frank T Vertosick Jr

CorpseThe Air You BreatheCrying LaughingWe Ride Upon SticksJazz from DetroitNatural Ventilation for Infection Control in Health-care SettingsNeurosurgery FundamentalsWorking in a Very Small PlaceBroken MonstersH Is for HawkI PromiseMindBrain SurgeonThe JungleWhy We HurtBlack Bottom SaintsWin SomeInto Thin AirA Very Stable GeniusAdmissionsHidden Valley RoadHow to Be an AntiracistWhen Breath Becomes AirThe Young NeurosurgeonThe Book ThiefA Very Punchable FaceThe Neuroscientist Who Lost Her MindThe Spirit Catches You and You Fall DownAnother Day in the Frontal LobeWhen the Air Hits Your Brain: Tales from NeurosurgeryBecoming a NeurosurgeonThe Less People Know About UsHow to Read the AirGray MatterCall Sign ChaosConfessions of a SurgeonInterior ChinatownThe ResistersSwitched on PopWhen the Air Hits Your Brain

Corpse

Presents a memoir by a neurosurgeon, describing the tools in the operating room, the tough ethical dilemmas confronting doctors, some of the author's most bizarre cases, trends in the field, and possible advances on the horizon.

The Air You Breathe

In the ER, the OR, and in the waiting room where the doctors deliver heart stopping news to the families of their patients, a neurosurgeon's apprenticeship is arduous. This memoir of the day-to-day experiences of a resident in neurosurgery at one of the nation's busiest trauma centers provides a rare window into the training of the doctors who open patients' skulls and operate on their brains and spinal cords. Paul Kaloostian's intimate account describes both the lifesaving feats and tragic failures that are the daily ups and downs of twenty-firstcentury neurosurgery. Kaloostian shares the lessons of humility, faith, and compassion that were often more important than the surgical expertise he acquired in the operating room.

Crying Laughing

OPRAH'S BOOK CLUB PICK #1 NEW YORK TIMES BESTSELLER ONE OF THE NEW YORK TIMES TOP TEN BOOKS OF THE YEAR ONE OF THE WALL STREET JOURNAL TOP TEN BOOKS OF THE YEAR PEOPLE'S #1 BEST BOOK OF THE YEAR Named a BEST BOOK OF THE YEAR by The New York Times, The Washington Post, NPR, TIME, Slate, Smithsonian, and Amazon The heartrending story of a midcentury American family with twelve children, six of them diagnosed with schizophrenia, that became science's great hope in the quest to understand the disease. Don and Mimi Galvin seemed to be living the

American dream. After World War II, Don's work with the Air Force brought them to Colorado, where their twelve children perfectly spanned the baby boom: the oldest born in 1945, the youngest in 1965. In those years, there was an established script for a family like the Galvins--aspiration, hard work, upward mobility, domestic harmony--and they worked hard to play their parts. But behind the scenes was a different story: psychological breakdown, sudden shocking violence, hidden abuse. By the mid-1970s, six of the ten Galvin boys, one after another, were diagnosed as schizophrenic. How could all this happen to one family? What took place inside the house on Hidden Valley Road was so extraordinary that the Galvins became one of the first families to be studied by the National Institute of Mental Health. Their story offers a shadow history of the science of schizophrenia, from the era of institutionalization, lobotomy, and the schizophrenogenic mother to the search for genetic markers for the disease, always amid profound disagreements about the nature of the illness itself. And unbeknownst to the Galvins, samples of their DNA informed decades of genetic research that continues today, offering paths to treatment, prediction, and even eradication of the disease for future generations. With clarity and compassion, bestselling and award-winning author Robert Kolker uncovers one family's unforgettable legacy of suffering, love, and hope.

We Ride Upon Sticks

Using stories of patients in pain, a neurosurgeon and author of *When the Air Hits Your Brain* explains how pain evolved and why it functions the way it does, providing a mixture of medicine, history, anthropology and inspiration. Reprint. 20,000 first printing.

Jazz from Detroit

An enthralling literary tour-de-force that pays tribute to Detroit's legendary neighborhood, a mecca for jazz, sports, and politics, *Black Bottom Saints* is a powerful blend of fact and imagination reminiscent of E.L. Doctorow's classic novel *Ragtime* and Marlon James' Man Booker Award-winning masterpiece, *A Brief History of Seven Killings*. From the Great Depression through the post-World War II years, Joseph "Ziggy" Johnson, has been the pulse of Detroit's famous Black Bottom. A celebrated gossip columnist for the city's African-American newspaper, the *Michigan Chronicle*, he is also the emcee of one of the hottest night clubs, where he's rubbed elbows with the legendary black artists of the era, including Ethel Waters, Billy Eckstein, and Count Basie. Ziggy is also the founder and dean of the Ziggy Johnson School of Theater. But now the doyen of Black Bottom is ready to hang up his many dapper hats. As he lays dying in the black-owned-and-operated Kirkwood Hospital, Ziggy reflects on his life, the community that was the center of his world, and the remarkable people who helped shape it. Inspired by the Catholic Saints Day Books, Ziggy curates his own list of Black Bottom's venerable "52 Saints." Among them are a vulnerable Dinah Washington, a defiant Joe Louis, and a raucous Bricktop. Randall balances the stories of these larger-than-life "Saints" with local heroes who became household names, enthralling men and

women whose unstoppable ambition, love of style, and faith in community made this black Midwestern neighborhood the rival of New York City's Harlem. Accompanying these "tributes" are thoughtfully paired cocktails—special drinks that capture the essence of each of Ziggy's saints—libations as strong and satisfying as Alice Randall's wholly original view of a place and time unlike any other.

Natural Ventilation for Infection Control in Health-care Settings

A look inside the world of Dr. Peter Jannetta--a pioneer in the world of neurosurgery--explores the techniques he has developed which were once received with scepticism and now are the standard world-wide

Neurosurgery Fundamentals

Washington Post national investigative reporter Carol Leonnig and White House bureau chief Philip Rucker, both Pulitzer Prize winners, provide the definitive insider narrative of Donald Trump's unique presidency with shocking new reporting and insight into its implications. "I alone can fix it." So went Donald J. Trump's march to the presidency on July 21, 2016, when he accepted the Republican presidential nomination in Cleveland, promising to restore what he described as a fallen nation. Yet over the subsequent years, as he has undertaken the actual work of the commander in chief, it has been hard to see beyond the daily chaos of scandal, investigation, and constant bluster. It would be all too easy to mistake Trump's first term for one of pure and uninhibited chaos, but there were patterns to his behavior and that of his associates. The universal value of the Trump administration is loyalty - not to the country, but to the president himself - and Trump's North Star has been the perpetuation of his own power, even when it meant imperiling our shaky and mistrustful democracy. Leonnig and Rucker, with deep and unmatched sources throughout Washington, D.C., tell of rages and frenzies but also moments of courage and perseverance. Relying on scores of exclusive new interviews with some of the most senior members of the Trump administration and other firsthand witnesses, the authors reveal the forty-fifth president up close, taking readers inside Robert Mueller's Russia investigation as well as the president's own hap-hazard but ultimately successful legal defense. Here for the first time certain officials who have felt honor-bound not to publicly criticize a sitting president or to divulge what they witnessed in a position of trust tell the truth for the benefit of history. This peerless and gripping narrative reveals President Trump at his most unvarnished and exposes how decision making in his administration has been driven by a reflexive logic of self-preservation and self-aggrandizement - but a logic nonetheless. This is the story of how an unparalleled president has scrambled to survive and tested the strength of America's democracy and its common heart as a nation.

Working in a Very Small Place

An Instant #1 New York Times Bestseller! An Instant Indie Bestseller! An Amazon Best Book of the Month! A perfect BACK-TO-SCHOOL tool for students and teachers who need an encouraging boost to start the year! NBA champion and superstar LeBron James pens a slam-dunk picture book inspired by his foundation's I PROMISE program that motivates children everywhere to always #StriveForGreatness. Just a kid from Akron, Ohio, who is dedicated to uplifting youth everywhere, LeBron James knows the key to a better future is to excel in school, do your best, and keep your family close. I Promise is a lively and inspiring picture book that reminds us that tomorrow's success starts with the promises we make to ourselves and our community today. Featuring James's upbeat, rhyming text and vibrant illustrations perfectly crafted for a diverse audience by New York Times bestselling artist Nina Mata, this book has the power to inspire all children and families to be their best. Perfect for shared reading in and out of the classroom, I Promise is also a great gift for graduation, birthdays, and other occasions. Plus check out the audiobook, read by LeBron James's mother and I Promise School supporter Gloria James!

Broken Monsters

The 10th-anniversary edition of the No. 1 international bestseller and modern classic beloved by millions of readers **HERE IS A SMALL FACT - YOU ARE GOING TO DIE 1939**. Nazi Germany. The country is holding its breath. Death has never been busier. Liesel, a nine-year-old girl, is living with a foster family on Himmel Street. Her parents have been taken away to a concentration camp. Liesel steals books. This is her story and the story of the inhabitants of her street when the bombs begin to fall. **SOME IMPORTANT INFORMATION - THIS NOVEL IS NARRATED BY DEATH** The 10th-anniversary edition features pages of bonus content, including marked-up manuscript pages, original sketches, and pages from the author's writing notebook.

H Is for Hawk

A clear-eyed account of learning how to lead in a chaotic world, by General Jim Mattis--the former Secretary of Defense and one of the most formidable strategic thinkers of our time--and Bing West, a former assistant secretary of defense and combat Marine. Call Sign Chaos is the account of Jim Mattis's storied career, from wide-ranging leadership roles in three wars to ultimately commanding a quarter of a million troops across the Middle East. Along the way, Mattis recounts his foundational experiences as a leader, extracting the lessons he has learned about the nature of warfighting and peacemaking, the importance of allies, and the strategic dilemmas--and short-sighted thinking--now facing our nation. He makes it clear why America must return to a strategic footing so as not to continue winning battles but fighting inconclusive wars. Mattis divides his book into three parts: direct leadership, executive leadership, and strategic leadership. In the first part, Mattis recalls his early experiences leading Marines into battle, when he knew his troops as well as his own brothers.

In the second part, he explores what it means to command thousands of troops and how to adapt your leadership style to ensure your intent is understood by your most junior troops so that they can own their mission. In the third part, Mattis describes the challenges and techniques of leadership at the strategic level, where military leaders reconcile war's grim realities with political leaders' human aspirations, where complexity reigns and the consequences of imprudence are severe, even catastrophic. Call Sign Chaos is a memoir of lifelong learning, following along as Mattis rises from Marine recruit to four-star general. It is a journey learning to lead and a story about how he, through constant study and action, developed a unique leadership philosophy--one relevant to us all.

I Promise

As a deadly cancer spread inside her brain, leading neuroscientist Barbara Lipska was plunged into madness—only to miraculously survive with her memories intact. In the tradition of *My Stroke of Insight* and *Brain on Fire*, this powerful memoir recounts her ordeal and explains its unforgettable lessons about the brain and mind. At the height of her career, Barbara Lipska—a leading expert on the neuroscience of mental illness—was diagnosed with melanoma that had spread to her brain. Within months, her frontal lobe, the seat of cognition, began shutting down. She exhibited dementia- and schizophrenia-like symptoms that terrified her family and coworkers. But miraculously, the immunotherapy her doctors prescribed worked, and Lipska returned to normal. With one difference: she remembered her brush with madness with exquisite clarity. Lipska draws on her extraordinary experience to explain how mental illness, brain injury, and age can distort our behavior, personality, cognition, and memory. She tells what it is like to experience these changes firsthand. And she reveals what parts of us remain, even when so much else is gone.

Mind

The story of an intense female friendship fueled by admiration and affection, envy and pride--and each woman's fear that she would be nothing without the other.

Brain Surgeon

Acclaimed novelist Quan Barry delivers a tour de female force in this delightful novel. Set in the coastal town of Danvers, Massachusetts, where the accusations began that led to the 1692 witch trials, *We Ride Upon Sticks* follows the 1989 Danvers High School Falcons field hockey team, who will do anything to make it to the state finals—even if it means tapping into some devilishly dark powers. In chapters dense with 1980s iconography—from *Heathers* to "big hair"—Barry expertly weaves together the individual and collective progress of this enchanted team as they storm their way through an

unforgettable season. Helmed by good-girl captain Abby Putnam (a descendant of the infamous Salem accuser Ann Putnam) and her co-captain Jen Fiorenza (whose bleached blond “Claw” sees and knows all), the Falcons prove to be wily, original, and bold, flaunting society's stale notions of femininity in order to find their glorious true selves through the crucible of team sport and, more importantly, friendship.

The Jungle

One of the New York Times Book Review's 10 Best Books of the Year One of Slate's 50 Best Nonfiction Books of the Last 25 Years ON MORE THAN 25 BEST BOOKS OF THE YEAR LISTS: including TIME (#1 Nonfiction Book), NPR, O, The Oprah Magazine (10 Favorite Books), Vogue (Top 10), Vanity Fair, Washington Post, Boston Globe, Chicago Tribune, Seattle Times, San Francisco Chronicle (Top 10), Miami Herald, St. Louis Post Dispatch, Minneapolis Star Tribune (Top 10), Library Journal (Top 10), Publishers Weekly, Kirkus Reviews, Slate, Shelf Awareness, Book Riot, Amazon (Top 20) The instant New York Times bestseller and award-winning sensation, Helen Macdonald's story of adopting and raising one of nature's most vicious predators has soared into the hearts of millions of readers worldwide. Fierce and feral, her goshawk Mabel's temperament mirrors Helen's own state of grief after her father's death, and together raptor and human "discover the pain and beauty of being alive" (People). H Is for Hawk is a genre-defying debut from one of our most unique and transcendent voices.

Why We Hurt

The story of one man's evolution from naive and ambitious young intern to world-class neurosurgeon. With poignant insight and humor, Frank Vertosick Jr., MD, describes some of the greatest challenges of his career, including a six-week-old infant with a tumor in her brain, a young man struck down in his prime by paraplegia, and a minister with a .22-caliber bullet lodged in his skull. Told through intimate portraits of Vertosick's patients and unsparing yet fascinatingly detailed descriptions of surgical procedures, When the Air Hits Your Brain—the culmination of decades spent struggling to learn an unforgiving craft—illuminates both the mysteries of the mind and the realities of the operating room.

Black Bottom Saints

"Scary as hell and hypnotic. I couldn't put it down! I'd grab it if I were you." --Stephen King A criminal mastermind creates violent tableaux in abandoned Detroit warehouses in Lauren Beukes's new genre-bending novel of suspense. Detective Gabriella Versado has seen a lot of bodies. But this one is unique even by Detroit's standards: half boy, half deer, somehow fused together. As stranger and more disturbing bodies are discovered, how can the city hold on to a reality that is already tearing at its seams? If you're Detective Versado's geeky teenage daughter, Layla, you commence a dangerous flirtation

with a potential predator online. If you're desperate freelance journalist Jonno, you do whatever it takes to get the exclusive on a horrific story. If you're Thomas Keen, known on the street as TK, you'll do what you can to keep your homeless family safe--and find the monster who is possessed by the dream of violently remaking the world. If Lauren Beukes's internationally bestselling *The Shining Girls* was a time-jumping thrill ride through the past, her *Broken Monsters* is a genre-redefining thriller about broken cities, broken dreams, and broken people trying to put themselves back together again.

Win Some

A perfect blend of medical drama and spiritual insight, *Gray Matter* is a fascinating account of Dr. David Levy's decision to begin asking his patients if he could pray for them before surgery. Some are thrilled. Some are skeptical. Some are hostile, and some are quite literally transformed by the request. Each chapter focuses on a specific case, opening with a detailed description of the patient's diagnosis and the procedure that will need to be performed, followed by the prayer "request." From there, readers get to look over Dr. Levy's shoulder as he performs the operation, and then we wait—right alongside Dr. Levy, the patients, and their families—to see the final results. Dr. Levy's musings on what successful and unsuccessful surgical results imply about God, faith, and the power of prayer are honest and insightful. As we watch him come to his ultimate conclusion that no matter what the results of the procedure are, "God is good," we cannot help but be truly moved and inspired.

Into Thin Air

A fascinating guide to a career in neurosurgery written by award-winning journalist John Colapinto and based on the real-life experiences of an expert in the field—essential reading for someone considering a path to this most challenging profession. Choosing what to do with your life begins with imagining yourself in a career, actually meeting the emotional, physical, and intellectual demands of the job. Often regarded as one of the most technically and emotionally demanding of surgical disciplines, becoming a neurosurgeon requires years of study. This practical guide offers a unique opportunity to see what daily life for a neurosurgeon is like, from someone who has mastered the profession and can explain what the risks and rewards of the job really are. Joshua Bederson is the chief of Neurosurgery at the esteemed Mt. Sinai Hospital in New York City. New Yorker writer John Colapinto brings to vivid life what Dr. Bederson's professional life is like to show all the varied facets of his work, from extensive study and research to brain operations, one-on-one consultations with patients, and even staff meetings with fellow surgeons and students. Since Mt. Sinai is a teaching hospital, we learn alongside the residents and interns how Bederson trains neurosurgeons, passing along the knowledge and skills he honed over decades. The result is a multidimensional portrait of a man and a department, a practical guide for how to enter and learn the profession, as well as a moving glimpse into the world of patients and doctors who face some of life's most harrowing challenges.

A Very Stable Genius

When detectives come upon a murder victim, there's one thing they want to know above all else: When did the victim die? The answer can narrow a group of suspects, make or break an alibi, even assign a name to an unidentified body. But outside the fictional world of murder mysteries, time-of-death determinations have remained infamously elusive, bedeviling criminal investigators throughout history. Armed with an array of high-tech devices and tests, the world's best forensic pathologists are doing their best to shift the balance, but as Jessica Snyder Sachs demonstrates so eloquently in *Corpse*, this is a case in which nature might just trump technology: Plants, chemicals, and insects found near the body are turning out to be the fiercest weapons in our crime-fighting arsenal. In this highly original book, Sachs accompanies an eccentric group of entomologists, anthropologists, biochemists, and botanists--a new kind of biological "Mod Squad"--on some of their grisliest, most intractable cases. She also takes us into the courtroom, where "post-O.J." forensic science as a whole is coming under fire and the new multidisciplinary art of forensic ecology is struggling to establish its credibility. *Corpse* is the fascinating story of the 2000-year search to pinpoint time of death. It is also the terrible and beautiful story of what happens to our bodies when we die.

Admissions

Welcome to tiger country: the treacherous territory where a single wrong move by a brain surgeon can devastate-or end-a patient's life. This is the terrain world-renowned neurosurgeon Keith Black, MD, enters every day to produce virtual medical miracles. Now, in *BRAIN SURGEON*, Dr. Black invites readers to shadow his breathtaking journeys into the brain as he battles some of the deadliest and most feared tumors known to medical science. Along the way, he shares his unique insights about the inner workings of the brain, his unwavering optimism for the future of medicine, and the extraordinary stories of his patients--from ministers and rock stars to wealthy entrepreneurs and uninsured students--whom he celebrates as the real heroes. *BRAIN SURGEON* offers a window into one man's remarkable mind, revealing the anatomy of the unflinching confidence of this master surgeon, whose personal journey brought him from life as a young African-American boy growing up in the civil rights era South to the elite world of neurosurgery. Through Dr. Black's white-knuckle descriptions of some of the most astonishing medical procedures performed today, he reveals the beauty and marvel of the human brain and the strength and heroism of his patients who refuse to see themselves as victims. Ultimately, *BRAIN SURGEON* is an inspiring story of the struggle to overcome odds--whether as a man, a doctor, or a patient. PRAISE FOR *BRAIN SURGEON* "An inspirational book about true heroes - readers will marvel at Keith Black's achievements both as a doctor and as a man, and will be in awe of his patients' courage and will to survive." --Denzel Washington "A rare, behind-the-curtain look at the life of one of the most pre-eminent neurosurgeons in the world." --Sanjay Gupta, MD, Chief Medical Correspondent, CNN

Hidden Valley Road

"Saturday Night Live head writer and Weekend Update co-anchor, Colin Jost, has six sets of stitches on his face alone. He's been punched in at least four different sketches on Saturday Night Live, including once by his boss, Lorne Michaels. But if there's one trait that makes someone well suited to comedy, it's being able to take a punch-metaphorically and, occasionally, physically. From growing up as an overweight kid in a family of firefighters on Staten Island to commuting three hours a day to high school and "seeing the sights" (like watching a Russian woman throw a stroller off the back of a ferry) to attending Harvard while Facebook was created (and choosing comedy instead!), Colin shares how he has navigated the world like a "slightly smarter Forrest Gump." You'll also discover things about Colin that will surprise and confuse you. You'll go behind the scenes at SNL (where he's written some of the most iconic sketches and characters of the past fifteen years) and Weekend Update (where's he's been "the white guy next to Leslie Jones.") And you'll experience the life of a touring stand-up comedian-from performing in rural cafeterias at noon to opening for Dave Chappelle at Radio City Music Hall. For every accomplishment (hosting the Emmys), there is a setback (hosting the Emmys). And for every absurd moment (watching paramedics give CPR to a raccoon), there is an honest, emotional one (recounting his mother's experience on the scene of the Twin Towers' collapse on 9/11.) A Very Punchable Face reveals the brilliant mind behind some of the dumbest sketches on television and lays bare the heart and humor of a hardworking guy-with a face you can't help but want to punch"--

How to Be an Antiracist

A "beautifully written"* (New York Times Book Review) novel of redemption by a prize-winning international literary star. From the acclaimed author of The Beautiful Things that Heaven Bears comes a heartbreaking literary masterwork about love, family, and the power of imagination. Following the death of his father Yosef, Jonas Woldemariam feels compelled to make sense of the volatile generational and cultural ties that have forged him. Leaving behind his marriage and job in New York, he sets out to retrace his mother and father's honeymoon as young Ethiopian immigrants and weave together a family history that will take him from the war-torn country of his parents' youth to a brighter vision of his life in America today. In so doing, he crafts a story- real or invented-that holds the possibility of reconciliation and redemption.

When Breath Becomes Air

As an active surgeon and former department chairman, Dr. Paul A. Ruggieri has seen the good, the bad, and the ugly of his profession. In Confessions of a Surgeon, he pushes open the doors of the O.R. and reveals the inscrutable place where lives are improved, saved, and sometimes lost. He shares the successes, failures, remarkable advances, and camaraderie that

make it exciting. He uncovers the truth about the abusive, exhaustive training and the arduous devotion of his old-school education. He explores the twenty-four-hour challenges that come from patients and their loved ones; the ethics of saving the lives of repugnant criminals; the hot-button issues of healthcare, lawsuits, and reimbursements; and the true cost of running a private practice. And he explains the influence of the "white coat code of silence" and why patients may never know what really transpires during surgery. Ultimately, Dr. Ruggieri lays bare an occupation that to most is as mysterious and unfamiliar as it is misunderstood. His account is passionate, illuminating, and often shocking—an eye-opening, never-before-seen look at real life, and death, in the O.R.

The Young Neurosurgeon

In this “engaging” book, a noted neurosurgeon explores the possibility of intelligence in bacteria and other microorganisms (Library Journal). It has a goal and a strategy to achieve it. It disguises itself as it stealthily surveys its enemy’s vulnerabilities. It mobilizes its resources to conquer. It bides its time until it is certain it can overwhelm its victim. Then it attacks. If it detects resistance it changes tactics—retreats, sends for reinforcements, captures its enemy’s intelligence and incorporates it. It regroups and, transformed, goes forth again to triumph. This could be a description of a human army. It happens, however, to be a description of an army of cancer cells. Most of us shrink from describing bacteria and other microorganisms as intelligent. Neurosurgeon Frank Vertosick does not. And perhaps, when you finish reading *MIND: A UNIFIED THEORY OF LIFE AND INTELLIGENCE*, you will not either. What is intelligence? We define it in human terms, but are humans the only measure? We ascribe it to higher mammals and to social insects like bees and ants, but when we cross the threshold into cellular life, definitions blur. This revolutionary—but accessible and highly entertaining—exploration of intelligence is guaranteed to alter your appreciation of life on its most fundamental level. Frank T. Vertosick, J.R., M.D. is the author of *WHEN AIR HITS YOUR BRAIN* and *WHY WE HURT: THE NATURAL HISTORY OF PAIN* (Originally published as *THE GENIUS WITHIN*)

The Book Thief

This guideline defines ventilation and then natural ventilation. It explores the design requirements for natural ventilation in the context of infection control, describing the basic principles of design, construction, operation and maintenance for an effective natural ventilation system to control infection in health-care settings.

A Very Punchable Face

A cloth bag containing eight copies of the title.

The Neuroscientist Who Lost Her Mind

The 2017 National Book Critics Circle (NBCC) Finalist, International Bestseller, and a Kirkus Best Nonfiction Book of 2017! "Marsh has retired, which means he's taking a thorough inventory of his life. His reflections and recollections make Admissions an even more introspective memoir than his first, if such a thing is possible." —The New York Times "Consistently entertaining Honesty is abundantly apparent here--a quality as rare and commendable in elite surgeons as one suspects it is in memoirists." —The Guardian "Disarmingly frank storytelling his reflections on death and dying equal those in Atul Gawande's excellent Being Mortal." —The Economist Henry Marsh has spent a lifetime operating on the surgical frontline. There have been exhilarating highs and devastating lows, but his love for the practice of neurosurgery has never wavered. Following the publication of his celebrated New York Times bestseller Do No Harm, Marsh retired from his full-time job in England to work pro bono in Ukraine and Nepal. In Admissions he describes the difficulties of working in these troubled, impoverished countries and the further insights it has given him into the practice of medicine. Marsh also faces up to the burden of responsibility that can come with trying to reduce human suffering. Unearthing memories of his early days as a medical student, and the experiences that shaped him as a young surgeon, he explores the difficulties of a profession that deals in probabilities rather than certainties, and where the overwhelming urge to prolong life can come at a tragic cost for patients and those who love them. Reflecting on what forty years of handling the human brain has taught him, Marsh finds a different purpose in life as he approaches the end of his professional career and a fresh understanding of what matters to us all in the end.

The Spirit Catches You and You Fall Down

The author of Denton Little's Deathdate gives us a tragicomic story of bad dates, bad news, bad performances, and one girl's determination to find the funny in high school. Winnie Friedman has been waiting for the world to catch on to what she already knows: she's hilarious. It might be a long wait, though. After bombing a stand-up set at her own bat mitzvah, Winnie has kept her jokes to herself. Well, to herself and her dad, a former comedian and her inspiration. Then, on the second day of tenth grade, the funniest guy in school actually laughs at a comment she makes in the lunch line and asks her to join the improv troupe. Maybe he's even . . . flirting? Just when Winnie's ready to say yes to comedy again, her father reveals that he's been diagnosed with ALS. That is . . . not funny. Her dad's still making jokes, though, which feels like a good thing. And Winnie's prepared to be his straight man if that's what he wants. But is it what he needs? Caught up in a spiral of epically bad dates, bad news, and bad performances, Winnie's struggling to see the humor in it all. But finding a way to laugh is exactly what will see her through.

Another Day in the Frontal Lobe

A searing novel of social realism, Upton Sinclair's *The Jungle* follows the fortunes of Jurgis Rudkus, an immigrant who finds in the stockyards of turn-of-the-century Chicago a ruthless system that degrades and impoverishes him, and an industry whose filthy practices contaminate the meat it processes. From the stench of the killing-beds to the horrors of the fertilizer-works, the appalling conditions in which Jurgis works are described in intense detail by an author bent on social reform. So powerful was the book's message that it caught the eye of President Theodore Roosevelt and led to changes to the food hygiene laws. In his Introduction to this new edition, Russ Castronovo highlights the aesthetic concerns that were central to Sinclair's aspirations, examining the relationship between history and historical fiction, and between the documentary impulse and literary narrative. As he examines the book's disputed status as novel (it is propaganda or literature?), he reveals why Sinclair's message-driven fiction has relevance to literary and historical matters today, now more than a hundred years after the novel first appeared in print.

When the Air Hits Your Brain: Tales from Neurosurgery

Willis Wu doesn't perceive himself as a protagonist even in his own life: He's merely Generic Asian man. Sometimes he gets to be Background Oriental Making a Weird Face or even Disgraced Son, but he is always relegated to a prop. Yet every day he leaves his tiny room in a Chinatown SRO and enters the Golden Palace restaurant, where *Black and White*, a procedural cop show, is in perpetual production. He's a bit player here, too, but he dreams of being Kung Fu Guy--the most respected old that anyone who looks like him can attain. At least that's what he has been told, time and time again. Except by one person, his mother. Who says to him: Be more. Playful but heartfelt, a send-up of Hollywood tropes and Asian stereotypes, *Interior Chinatown* is Charles Yu's most moving, daring, and masterly novel yet.

Becoming a Neurosurgeon

A study in the collision between Western medicine and the beliefs of a traditional culture focuses on a hospitalized child of Laotian immigrants whose belief that illness is a spiritual matter comes into conflict with doctors' methods.

The Less People Know About Us

When Jon Krakauer reached the summit of Mt. Everest in the early afternoon of May 10, 1996, he hadn't slept in fifty-seven hours and was reeling from the brain-altering effects of oxygen depletion. As he turned to begin the perilous descent from 29,028 feet (roughly the cruising altitude of an Airbus jetliner), twenty other climbers were still pushing doggedly to the top, unaware that the sky had begun to roil with clouds. *Into Thin Air* is the definitive account of the deadliest season in the history of Everest by the acclaimed Outside journalist and author of the bestselling *Into the Wild*. Taking the reader step by

step from Katmandu to the mountain's deadly pinnacle, Krakauer has his readers shaking on the edge of their seat. Beyond the terrors of this account, however, he also peers deeply into the myth of the world's tallest mountain. What is it about Everest that has compelled so many people--including himself--to throw caution to the wind, ignore the concerns of loved ones, and willingly subject themselves to such risk, hardship, and expense? Written with emotional clarity and supported by his unimpeachable reporting, Krakauer's eyewitness account of what happened on the roof of the world is a singular achievement. From the Paperback edition.

How to Read the Air

The quintessential guide providing a one-stop roadmap to a neurosurgical career! Neurological surgery is a complex, highly selective specialty. For medical students and residents, navigating a huge array of neurosurgical information can be overwhelming. Neurosurgery Fundamentals by Nitin Agarwal is a portable reference enabling swift assimilation of neurosurgical care essentials. The book starts with a roadmap to a career in neurosurgery. It concludes with Advice from the Masters, featuring invaluable resources and insights from prominent neurosurgeons. Comprehensive technical overviews are provided on the neurological exam, neuroanatomy, neuroradiology, neurocritical care, traumatic brain and spinal cord injury, degenerative and deformity spine, neurovascular surgery, neurosurgical oncology, pediatric neurosurgery, functional neurosurgery, stereotactic radiosurgery, neurological infectious diseases, and interdisciplinary care. Socioeconomic topics include training, licensure, credentialing, and advocacy. Key Features Fundamental diseases, tests, and operative approaches are summarized. Top Hits feature the most salient questions, aiding in retention of knowledge. High-yield resources are highlighted to augment reader identification. Neurosurgical Pearls offer advice from the masters relevant to each chapter. High-quality illustrations, photographs, and radiographs enrich understanding. Aspiring neurosurgical providers will benefit from the easy-to-digest wealth of information in this concise, yet comprehensive guide.

Gray Matter

In a powerful memoir, identity theft expert Axton Betz-Hamilton tells the shocking and unsettling story of her family, betrayal, and deceit. Axton Betz-Hamilton grew up in small-town Indiana in the early '90s. When she was 11 years old, her parents both had their identities stolen. Their credit ratings were ruined, and they were constantly fighting over money. This was before the age of the Internet, when identity theft became more commonplace, so authorities and banks were clueless and reluctant to help Axton's parents. Axton's family switched PO Boxes, changed all of their personal information, and moved to different addresses, but the identity thief followed them wherever they went. Convinced that the thief had to be someone they knew, Axton and her parents completely cut off the outside world, isolating themselves from friends and

family. Axton learned not to let anyone into the house without explicit permission, and once went as far as chasing a plumber off their property with a knife. She had panic attacks throughout her formative years and often became physically sick with anxiety and quarantined behind the closed curtains in her childhood home. She began starving herself at a young age in an effort to blend in--her clothes, hair, makeup, and weight could be nothing short of perfect or she would be scolded by her mother, who had become paranoid and consumed by how others perceived the family. Years later, her parents marriage still shaken from the theft, Axton discovered that she, too, had fallen prey to the identity thief, but by the time she realized, she was already thousands of dollars in debt and her credit was ruined. *THE LESS PEOPLE KNOW ABOUT US* is Axton's attempt to untangle an intricate web of lies, and to understand why and how a loved one could have inflicted such pain. Axton will present a candid, shocking, and redemptive story and reveal her courageous effort to grapple with someone close that broke the unwritten rules of love, protection, and family.

Call Sign Chaos

An audacious wonder of a novel about baseball and a future America, from the always inventive and exciting author of *The Love Wife* and *Who's Irish*. The time: Some thirty-five years hence. The place: AutoAmerica--governed by "Aunt Nettie," an iBurrito of AI algorithms and the internet, in a land half under water. The people: Divided into the angelfair "Netted," whose fate it is to have jobs and live on high ground, and the mostly coppertoned "Surplus," whose jobs have been stripped and whose sole duty now is to consume, living in plastic houses that talk and multi-colored houseboats at the water's edge. Neither group is happy. The story: A Surplus family--he was once a professor, she is still a lawyer--has a girl child, Gwen, who's born with a golden arm. By two she can throw her toy animals straight to the same spot every time. When AutoAmerica and ChinRussia decide to revive the Olympics, suddenly Gwen, who's been playing in the Resisters League her parents have organized, is in great demand. Soon she's at angelfair university, Net U, falling in love with her baseball coach and facing questions of "crossing over," while her mother and her "group" are bringing charges before the botjudge about Surplus rights. An amazing story of a world that looks only too possible, and a family struggling to maintain its humanity in circumstances that daily threaten their every value as well as their very existence.

Confessions of a Surgeon

Jazz from Detroit explores the city's pivotal role in shaping the course of modern and contemporary jazz. With more than two dozen in-depth profiles of remarkable Detroit-bred musicians, complemented by a generous selection of photographs, Mark Stryker makes Detroit jazz come alive as he draws out significant connections between the players, eras, styles, and Detroit's distinctive history. Stryker's story starts in the 1940s and '50s, when the auto industry created a thriving black working and middle class in Detroit that supported a vibrant nightlife, and exceptional public school music programs and

mentors in the community like pianist Barry Harris transformed the city into a jazz juggernaut. This golden age nurtured many legendary musicians—Hank, Thad, and Elvin Jones, Gerald Wilson, Milt Jackson, Yusef Lateef, Donald Byrd, Tommy Flanagan, Kenny Burrell, Ron Carter, Joe Henderson, and others. As the city's fortunes change, Stryker turns his spotlight toward often overlooked but prescient musician-run cooperatives and self-determination groups of the 1960s and '70s, such as the Strata Corporation and Tribe. In more recent decades, the city's culture of mentorship, embodied by trumpeter and teacher Marcus Belgrave, ensured that Detroit continued to incubate world-class talent; Belgrave protégés like Geri Allen, Kenny Garrett, Robert Hurst, Regina Carter, Gerald Cleaver, and Karriem Riggins helped define contemporary jazz. The resilience of Detroit's jazz tradition provides a powerful symbol of the city's lasting cultural influence. Stryker's 21 years as an arts reporter and critic at the Detroit Free Press are evident in his vivid storytelling and insightful criticism. Jazz from Detroit will appeal to jazz aficionados, casual fans, and anyone interested in the vibrant and complex history of cultural life in Detroit.

Interior Chinatown

#1 NEW YORK TIMES BESTSELLER • From the National Book Award-winning author of *Stamped from the Beginning* comes a “groundbreaking” (Time) approach to understanding and uprooting racism and inequality in our society—and in ourselves. “The most courageous book to date on the problem of race in the Western mind.”—The New York Times NAMED ONE OF THE BEST BOOKS OF THE YEAR BY The New York Times Book Review • Time • NPR • The Washington Post • Shelf Awareness • Library Journal • Publishers Weekly • Kirkus Reviews *Antiracism* is a transformative concept that reorients and reenergizes the conversation about racism—and, even more fundamentally, points us toward liberating new ways of thinking about ourselves and each other. At its core, racism is a powerful system that creates false hierarchies of human value; its warped logic extends beyond race, from the way we regard people of different ethnicities or skin colors to the way we treat people of different sexes, gender identities, and body types. Racism intersects with class and culture and geography and even changes the way we see and value ourselves. In *How to Be an Antiracist*, Kendi takes readers through a widening circle of antiracist ideas—from the most basic concepts to visionary possibilities—that will help readers see all forms of racism clearly, understand their poisonous consequences, and work to oppose them in our systems and in ourselves. Kendi weaves an electrifying combination of ethics, history, law, and science with his own personal story of awakening to antiracism. This is an essential work for anyone who wants to go beyond the awareness of racism to the next step: contributing to the formation of a just and equitable society. Praise for *How to Be an Antiracist* “Ibram X. Kendi’s new book, *How to Be an Antiracist*, couldn’t come at a better time. . . . Kendi has gifted us with a book that is not only an essential instruction manual but also a memoir of the author’s own path from anti-black racism to anti-white racism and, finally, to antiracism. . . . *How to Be an Antiracist* gives us a clear and compelling way to approach, as Kendi puts it in his introduction, ‘the basic struggle we’re all in, the struggle to be fully human and to see that others are fully human.’ ”—NPR

“Kendi dissects why in a society where so few people consider themselves to be racist the divisions and inequalities of racism remain so prevalent. How to Be an Antiracist punctures the myths of a post-racial America, examining what racism really is—and what we should do about it.”—Time

The Resisters

A memoir dealing with the education , the practice and the patients of an American neurosurgeon.

Switched on Pop

A Pennsylvania neurosurgeon chronicles his evolution from a naive young intern to a world-class surgeon and his toughest challenges, from a six-week-old infant with a brain tumor to a minister with a bullet in his head. Reprint. NYT. PW.

When the Air Hits Your Brain

Pop music surrounds us - in our cars, over supermarket speakers, even when we are laid out at the dentist - but how often do we really hear what's playing? Switched on Pop is the book based on the eponymous podcast that has been hailed by NPR, Rolling Stone, The Guardian, and Entertainment Weekly for its witty and accessible analysis of Top 40 hits. Through close studies of sixteen modern classics, musicologist Nate Sloan and songwriter Charlie Harding shift pop from the background to the foreground, illuminating the essential musical concepts behind two decades of chart-topping songs. In 1939, Aaron Copland published *What to Listen for in Music*, the bestseller that made classical music approachable for generations of listeners. Eighty years later, Nate and Charlie update Copland's idea for a new audience and repertoire: 21st century pop, from Britney to Beyoncé, Outkast to Kendrick Lamar. Despite the importance of pop music in contemporary culture, most discourse only revolves around lyrics and celebrity. Switched on Pop gives readers the tools they need to interpret our modern soundtrack. Each chapter investigates a different song and artist, revealing musical insights such as how a single melodic motif follows Taylor Swift through every genre that she samples, André 3000 uses metric manipulation to get listeners to "shake it like a Polaroid picture," or Luis Fonsi and Daddy Yankee create harmonic ambiguity in "Despacito" that mirrors the patterns of global migration. Replete with engaging discussions and eye-catching illustrations, Switched on Pop brings to life the musical qualities that catapult songs into the pop pantheon. Readers will find themselves listening to familiar tracks in new ways and not just those from the Top 40. The timeless concepts that Nate and Charlie define can be applied to any musical style. From fanatics to skeptics, teenagers to octogenarians, non-musicians to professional composers, every music lover will discover something ear-opening in Switched on Pop.

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