

The Family That Couldnt Sleep A Medical Mystery Dt Max

iGenWalk Two MoonsThe Sheep That Couldn't SleepCan't You Sleep, Little Bear?The Glass CastleThe Little Moose Who Couldn't Go to SleepThe Family That Couldn't SleepSleep DemonsLike Water for ChocolateThe Joy Luck ClubSleep, Big Bear, Sleep!Anne Frank's Tales from the Secret AnnexThe Sleeper AwakesChronicle of a Death ForetoldA Raisin in the SunThings Fall ApartThe Boy Who Couldn't Sleep and Never Had ToThe RoadBrain On Fire: My Month of MadnessAsk a ManagerVincent Can't SleepSnowbaby Could Not SleepGood NightsWhy We Can't SleepKillers of the Flower MoonBedtime BonnetThey Called Us EnemyThe OutsidersFever 1793Harold the Owl Who Couldn't SleepThe Newborn Sleep BookThe Family that Couldn't SleepThe Metamorphosis (Legend Classics)The Koala That Couldn't SleepThe City of EmberThe Bear Who Couldn't SleepThe Book ThiefThe Boy Who Couldn't SleepThe CircuitArlo The Lion Who Couldn't Sleep

iGen

Part of the Legend Classics seriesAs Gregor Samsa awoke one morning from uneasy dreams he found himself transformed in his bed into a gigantic insect.The

Metamorphosis - the masterpiece of Franz Kafka - was first published in 1915 and is one of the seminal works of fiction of the twentieth century. The novel is cited as a key influence for many of today's leading authors; as Auden wrote: "Kafka is important to us because his predicament is the predicament of modern man".

Traveling salesman, Gregor Samsa, wakes to find himself transformed into a large, monstrous insect-like creature. The cause of Gregor's transformation is never revealed, and as he attempts to adjust to his new condition he becomes a burden to his parents and sister, who are repelled by the horrible, verminous creature Gregor has become.

A harrowing, yet strangely comic, meditation on human feelings of inadequacy, guilt, and isolation, *The Metamorphosis* has taken its place as one of the most widely read and influential works of twentieth-century fiction.

The Legend Classics series:
Around the World in Eighty Days
The Adventures of Huckleberry Finn
The Importance of Being Earnest
Alice's Adventures in Wonderland
The Metamorphosis
The Railway Children
The Hound of the Baskervilles
Frankenstein
Wuthering Heights
Three Men in a Boat
The Time Machine
Little Women
Anne of Green Gables
The Jungle Book
The Yellow Wallpaper and Other Stories
Dracula
A Study in Scarlet
Leaves of Grass
The Secret Garden
The War of the Worlds
A Christmas Carol
Strange Case of Dr Jekyll and Mr Hyde
Heart of Darkness
The Scarlet Letter
This Side of Paradise
Oliver Twist
The Picture of Dorian Gray
Treasure Island
The Turn of the Screw
The Adventures of Tom Sawyer
Emma
The Trial
A Selection of Short Stories by Edgar Allen Poe
Grimm Fairy Tales

Walk Two Moons

As family members braid, brush, twirl, roll, and tighten their hair before bedtime, putting on kerchiefs, wave caps, and other protective items, the little sister cannot find her bonnet.

The Sheep That Couldn't Sleep

'My first serious blackout marked the line between sanity and insanity. Though I would have moments of lucidity over the coming days and weeks, I would never again be the same person ' Susannah Cahalan was a happy, clever, healthy twenty-four-year old. Then one day she woke up in hospital, with no memory of what had happened or how she had got there. Within weeks, she would be transformed into someone unrecognizable, descending into a state of acute psychosis, undergoing rages and convulsions, hallucinating that her father had murdered his wife; that she could control time with her mind. Everything she had taken for granted about her life, and who she was, was wiped out. Brain on Fire is Susannah's story of her terrifying descent into madness and the desperate hunt for a diagnosis, as, after dozens of tests and scans, baffled doctors concluded she should be confined in a psychiatric ward. It is also the story of how one brilliant man, Syria-born Dr Najjar, finally proved - using a simple pen and paper - that Susannah's psychotic

behaviour was caused by a rare autoimmune disease attacking her brain. His diagnosis of this little-known condition, thought to have been the real cause of devil-possession through history, saved her life, and possibly the lives of many others. Cahalan takes readers inside this newly-discovered disease through the progress of her own harrowing journey, piecing it together using memories, journals, hospital videos and records. Written with passionate honesty and intelligence, *Brain on Fire* is a searingly personal yet universal book, which asks what happens when your identity is suddenly destroyed, and how you get it back. 'With eagle-eye precision and brutal honesty, Susannah Cahalan turns her journalistic gaze on herself as she bravely looks back on one of the most harrowing and unimaginable experiences one could ever face: the loss of mind, body and self. *Brain on Fire* is a mesmerizing story' -Mira Bartók, New York Times bestselling author of *The Memory Palace* Susannah Cahalan is a reporter on the New York Post, and the recipient of the 2010 Silurian Award of Excellence in Journalism for Feature Writing. Her writing has also appeared in the New York Times, and is frequently picked up by the Daily Mail, Gawker, Gothamist, AOL and Yahoo among other news aggregator sites.

Can't You Sleep, Little Bear?

AVAILABLE FOR THE FIRST TIME IN eBOOK! A man returns to the town where a baffling murder took place 27 years earlier, determined to get to the bottom of the

story. Just hours after marrying the beautiful Angela Vicario, everyone agrees, Bayardo San Roman returned his bride in disgrace to her parents. Her distraught family forced her to name her first lover; and her twin brothers announced their intention to murder Santiago Nasar for dishonoring their sister. Yet if everyone knew the murder was going to happen, why did no one intervene to stop it? The more that is learned, the less is understood, and as the story races to its inexplicable conclusion, an entire society--not just a pair of murderers—is put on trial. Gabriel García Márquez was born in Colombia in 1927. He was awarded the Nobel Prize in Literature in 1982. He is the author of many works of fiction and nonfiction, including *One Hundred Years of Solitude*, *Love In The Time Cholera*, *The Autumn Of The Patriarch*, *The General In His Labyrinth*, and *News Of A Kidnapping*. He died in 2014.

The Glass Castle

The Sheep That Couldn't SleepIt's late and time for sheep to go to sleep, but he is wide awake. What oh what will the farmer do to get the little one to bed. The farmer's daughter knows what to do. After all, it worked for her so many times before.

The Little Moose Who Couldn't Go to Sleep

A wildly original and hilarious debut novel about the typical high school experience: the homework, the awkwardness, and the mutant creatures from another galaxy. When Darren Bennett meets Eric Lederer, there's an instant connection. They share a love of drawing, the bottom rung on the cruel high school social ladder and a pathological fear of girls. Then Eric reveals a secret: He doesn't sleep. Ever. When word leaks out about Eric's condition, he and Darren find themselves on the run. Is it the government trying to tap into Eric's mind, or something far darker? It could be that not sleeping is only part of what Eric's capable of, and the truth is both better and worse than they could ever imagine. From the Trade Paperback edition.

The Family That Couldn't Sleep

"La frontera I heard it for the first time back in the late 1940s when Papa and Mama told me and Roberto, my older brother, that someday we would take a long trip north, cross la frontera, enter California, and leave our poverty behind." So begins this honest and powerful account of a family's journey to the fields of California -- to a life of constant moving, from strawberry fields to cotton fields, from tent cities to one-room shacks, from picking grapes to topping carrots and thinning lettuce. Seen through the eyes of a boy who longs for an education and the right to call one place home, this is a story of survival, faith, and hope. It is a journey that will open readers' hearts and minds.

Sleep Demons

Little Bear can't sleep. He's frightened of the dark, even with the Biggest Lantern of Them All at his bedside. But Big Bear finds an ingenious way to reassure him.

Like Water for Chocolate

A modern-day classic. This highly acclaimed adventure series about two friends desperate to save their doomed city has captivated kids and teachers alike for almost fifteen years and has sold over 3.5 MILLION copies! The city of Ember was built as a last refuge for the human race. Two hundred years later, the great lamps that light the city are beginning to flicker. When Lina finds part of an ancient message, she's sure it holds a secret that will save the city. She and her friend Doon must race to figure out the clues before the lights go out on Ember forever! Nominated to 28 State Award Lists! An American Library Association Notable Children's Book A New York Public Library 100 Titles for Reading and Sharing Selection A Kirkus Reviews Editors' Choice A Child Magazine Best Children's Book A Mark Twain Award Winner A William Allen White Children's Book Award Winner "A realistic post-apocalyptic world. DuPrau's book leaves Doon and Lina on the verge of undiscovered country and readers wanting more." —USA Today "An electric debut." —Publishers Weekly, Starred "While Ember is colorless and dark, the book

itself is rich with description.” —VOYA, Starred “A harrowing journey into the unknown, and cryptic messages for readers to decipher.” —Kirkus Reviews, Starred

The Joy Luck Club

A heart-warming story about a little koala bear that was afraid to go to sleep on his own for fear of waking up alone. This book, by first time author Lee Phethean, was written as a way to characterise why his own little boy wouldn't go to sleep without being comforted by his parents during those first few months. The first in a beautiful series of books, exploring everyday baby and toddler issues and bringing them to life in rhyming children's picture books that both adults and children will enjoy reading. Colourful, contrasting illustrations bring The Koala That Couldn't Sleep to life, offering perfect bedtime reading material and a fun way to talk about sleeping habits with your own special, little koala.

Sleep, Big Bear, Sleep!

There was once a little boy who just couldn't sleep
He had tried everything, even counting sheep
His legs did a jig, they couldn't stop
And his head was so busy, he couldn't switch off
So many things whirling through his head
As he closed his eyes and lay in his bed

Anne Frank's Tales from the Secret Annex

The 10th-anniversary edition of the No. 1 international bestseller and modern classic beloved by millions of readers **HERE IS A SMALL FACT - YOU ARE GOING TO DIE 1939**. Nazi Germany. The country is holding its breath. Death has never been busier. Liesel, a nine-year-old girl, is living with a foster family on Himmel Street. Her parents have been taken away to a concentration camp. Liesel steals books. This is her story and the story of the inhabitants of her street when the bombs begin to fall. **SOME IMPORTANT INFORMATION - THIS NOVEL IS NARRATED BY DEATH** The 10th-anniversary edition features pages of bonus content, including marked-up manuscript pages, original sketches, and pages from the author's writing notebook.

The Sleeper Awakes

From the time he was a little boy, Vincent van Gogh often lay awake at night. He used that time to imagine swirls of color and starlight shapes, to draw—and to explore the rich, dark life of midnight outdoors. He grew into a young man who wandered cities and country villages, painting the world as he saw it—even when no one else saw it the same way. Van Gogh never achieved success in his lifetime, but he also never veered from his passion for art. He would go on to become one

of the most beloved painters of all time. Vincent Can't Sleep is a celebration of creativity, individuality, and the power of sticking with something that you love, from the acclaimed team behind the Caldecott Honor Book The Noisy Paint Box.

Chronicle of a Death Foretold

When Ada Calhoun found herself in the throes of a midlife crisis, she thought that she had no right to complain. She was married with children and a good career. So why did she feel miserable? And why did it seem that other Generation X women were miserable, too? Calhoun decided to find some answers. She looked into housing costs, HR trends, credit card debt averages, and divorce data. At every turn, she saw a pattern: sandwiched between the Boomers and the Millennials, Gen X women were facing new problems as they entered middle age, problems that were being largely overlooked. Speaking with women across America about their experiences as the generation raised to “have it all,” Calhoun found that most were exhausted, terrified about money, under-employed, and overwhelmed. Instead of their issues being heard, they were told instead to lean in, take “me-time,” or make a chore chart to get their lives and homes in order. In *Why We Can't Sleep*, Calhoun opens up the cultural and political contexts of Gen X's predicament and offers solutions for how to pull oneself out of the abyss—and keep the next generation of women from falling in. The result is reassuring, empowering, and essential reading for all middle-aged women, and anyone who

hopes to understand them.

A Raisin in the Sun

One of the BBC's '100 Novels That Shaped Our World' A worldwide bestseller and the first part of Achebe's African Trilogy, *Things Fall Apart* is the compelling story of one man's battle to protect his community against the forces of change. Okonkwo is the greatest wrestler and warrior alive, and his fame spreads throughout West Africa like a bush-fire in the harmattan. But when he accidentally kills a clansman, things begin to fall apart. Then Okonkwo returns from exile to find missionaries and colonial governors have arrived in the village. With his world thrown radically off-balance he can only hurtle towards tragedy. First published in 1958, Chinua Achebe's stark, coolly ironic novel reshaped both African and world literature, and has sold over ten million copies in forty-five languages. This arresting parable of a proud but powerless man witnessing the ruin of his people begins Achebe's landmark trilogy of works chronicling the fate of one African community, continued in *Arrow of God* and *No Longer at Ease*. 'His courage and generosity are made manifest in the work' Toni Morrison 'The writer in whose company the prison walls fell down' Nelson Mandela 'A great book, that bespeaks a great, brave, kind, human spirit' John Updike With an Introduction by Biyi Bandele

Things Fall Apart

In the dystopian vision of H. G. Wells' novel *The Sleeper Awakes* (1910), a man awakes to a London where all he knew has radically changed after his sleep of two hundred and three years. Due to the wonders of compound interest, he is now this later world's richest man. As a committed socialist and futurist, he now sees his dreams realized and revealed to him in all their abhorrent and frightful glory.

The Boy Who Couldn't Sleep and Never Had To

Earthy, magical, and utterly charming, this tale of family life in turn-of-the-century Mexico became a best-selling phenomenon with its winning blend of poignant romance and bittersweet wit. From the Trade Paperback edition.

The Road

Developed and refined by two successful pediatricians, the "Jassey Way" boasts more than a 90% success rate of getting children to sleep through the night in their first 4 weeks of life. A safe and proven technique, the Jassey Way uses a feeding schedule that allows newborns (and their parents) a full night's sleep at a younger age than other sleep training techniques.

Brain On Fire: My Month of Madness

After hunting all night, Harold the Owl lands on a branch ready for a long snooze. But just as he starts to fall asleep, the birds begin chirping. And then the gardener starts his leaf blower. Harold doesn't want to stay awake all day. He needs to sleep, so he'll be ready for nighttime Lesley Leadbetter strongly supports the preservation of wildlife, and has written this story to help children learn to love and appreciate our native birds.

Ask a Manager

Journalist Walls grew up with parents whose ideals and stubborn nonconformity were their curse and their salvation. Rex and Rose Mary and their four children lived like nomads, moving among Southwest desert towns, camping in the mountains. Rex was a charismatic, brilliant man who, when sober, captured his children's imagination, teaching them how to embrace life fearlessly. Rose Mary painted and wrote and couldn't stand the responsibility of providing for her family. When the money ran out, the Walls retreated to the dismal West Virginia mining town Rex had tried to escape. As the dysfunction escalated, the children had to fend for themselves, supporting one another as they found the resources and will to leave home. Yet Walls describes her parents with deep affection in this tale of

unconditional love in a family that, despite its profound flaws, gave her the fiery determination to carve out a successful life. -- From publisher description.

Vincent Can't Sleep

NEW YORK TIMES BESTSELLER - NATIONAL BOOK AWARD FINALIST "Disturbing and riveting! It will sear your soul." —Dave Eggers, New York Times Book Review SHELF AWARENESS'S BEST BOOK OF 2017 Named a best book of the year by Wall Street Journal, The Boston Globe, San Francisco Chronicle, GQ, Time, Newsday, Entertainment Weekly, Time Magazine, NPR's Maureen Corrigan, NPR's "On Point," Vogue, Smithsonian, Cosmopolitan, Seattle Times, Bloomberg, Lit Hub's "Ultimate Best Books," Library Journal, Paste, Kirkus, Slate.com and Book Browse From New Yorker staff writer David Grann, #1 New York Times best-selling author of *The Lost City of Z*, a twisting, haunting true-life murder mystery about one of the most monstrous crimes in American history In the 1920s, the richest people per capita in the world were members of the Osage Indian nation in Oklahoma. After oil was discovered beneath their land, they rode in chauffeured automobiles, built mansions, and sent their children to study in Europe. Then, one by one, the Osage began to be killed off. The family of an Osage woman, Mollie Burkhart, became a prime target. Her relatives were shot and poisoned. And it was just the beginning, as more and more members of the tribe began to die under mysterious circumstances. In this last remnant of the Wild West—where oilmen like J. P. Getty

made their fortunes and where desperadoes like Al Spencer, the “Phantom Terror,” roamed—many of those who dared to investigate the killings were themselves murdered. As the death toll climbed to more than twenty-four, the FBI took up the case. It was one of the organization’s first major homicide investigations and the bureau badly bungled the case. In desperation, the young director, J. Edgar Hoover, turned to a former Texas Ranger named Tom White to unravel the mystery. White put together an undercover team, including one of the only American Indian agents in the bureau. The agents infiltrated the region, struggling to adopt the latest techniques of detection. Together with the Osage they began to expose one of the most chilling conspiracies in American history. In *Killers of the Flower Moon*, David Grann revisits a shocking series of crimes in which dozens of people were murdered in cold blood. Based on years of research and startling new evidence, the book is a masterpiece of narrative nonfiction, as each step in the investigation reveals a series of sinister secrets and reversals. But more than that, it is a searing indictment of the callousness and prejudice toward American Indians that allowed the murderers to operate with impunity for so long. *Killers of the Flower Moon* is utterly compelling, but also emotionally devastating.

Snowbaby Could Not Sleep

A collection of the author's lesser-known writings includes stories, personal reminiscences, previously deleted excerpts from her diary, and an unfinished novel

composed while she was hidden from the Nazis.

Good Nights

It's late summer 1793, and the streets of Philadelphia are abuzz with mosquitoes and rumors of fever. Down near the docks, many have taken ill, and the fatalities are mounting. Now they include Polly, the serving girl at the Cook Coffeehouse. But fourteen-year-old Mattie Cook doesn't get a moment to mourn the passing of her childhood playmate. New customers have overrun her family's coffee shop, located far from the mosquito-infested river, and Mattie's concerns of fever are all but overshadowed by dreams of growing her family's small business into a thriving enterprise. But when the fever begins to strike closer to home, Mattie's struggle to build a new life must give way to a new fight—the fight to stay alive.

Why We Can't Sleep

NATIONAL BESTSELLER WINNER OF THE PULITZER PRIZE The searing, post-apocalyptic novel about a father and son's fight to survive. A father and his son walk alone through burned America. Nothing moves in the ravaged landscape save the ash on the wind. It is cold enough to crack stones, and when the snow falls it is gray. The sky is dark. Their destination is the coast, although they don't know

what, if anything, awaits them there. They have nothing; just a pistol to defend themselves against the lawless bands that stalk the road, the clothes they are wearing, a cart of scavenged food—and each other. The Road is the profoundly moving story of a journey. It boldly imagines a future in which no hope remains, but in which the father and his son, "each the other's world entire," are sustained by love. Awesome in the totality of its vision, it is an unflinching meditation on the worst and the best that we are capable of: ultimate destructiveness, desperate tenacity, and the tenderness that keeps two people alive in the face of total devastation. A New York Times Notable Book One of the Best Books of the Year The Boston Globe, The Christian Science Monitor, The Denver Post, The Kansas City Star, Los Angeles Times, New York, People, Rocky Mountain News, Time, The Village Voice, The Washington Post

Killers of the Flower Moon

"A Raisin in the Sun" reflects Lorraine Hansberry's childhood experiences in segregated Chicago. This electrifying masterpiece has enthralled audiences and has been heaped with critical accolades. "The play that changed American theatre forever" - The New York Times.

Bedtime Bonnet

In her own singularly beautiful style, Newbery Medal winner Sharon Creech intricately weaves together two tales, one funny, one bittersweet, to create a heartwarming, compelling, and utterly moving story of love, loss, and the complexity of human emotion. Thirteen-year-old Salamanca Tree Hiddle, proud of her country roots and the "Indian-ness in her blood," travels from Ohio to Idaho with her eccentric grandparents. Along the way, she tells them of the story of Phoebe Winterbottom, who received mysterious messages, who met a "potential lunatic," and whose mother disappeared. As Sal entertains her grandparents with Phoebe's outrageous story, her own story begins to unfold—the story of a thirteen-year-old girl whose only wish is to be reunited with her missing mother.

They Called Us Enemy

Your baby sleeps in your bed, and you love it. Except for those nagging worries about safety. ("She's so small, I'm so big!") And what your relatives are saying. ("She'll never leave your bed!") And that little foot that always ends up on your face. Worry no more! Good Nights puts your concerns about the family bed to rest, with fun and easy-to-use guidance on safety, coping with criticism, and even keeping the spark in your marriage (albeit outside the bedroom). With warmth and humor, Dr. Jay Gordon, a nationally recognized pediatrician who has endorsed the family bed for decades, and Maria Goodavage, a former USA Today staff writer with training in sleep research, give you everything you'll need in order to thrive - and

at times, simply survive - with the family bed. Good Nights provides a comprehensive look at: - SCIENTIFIC RESEARCH - Science is uncovering a wealth of advantages, including possible protection from SIDS, for babies who share their parents' bed. - SURPRISING BENEFITS - Parents of young babies get much more sleep with the family bed! And little ones who spend time sleeping next to parents end up more independent (you read that right!) and closer to their parents than their cribbed peers. - SAFETY - The authors give simple-to-follow advice on how to make your family bed at least as safe as a crib. - SOUND SLEEP - Yes, it can be had. Good Nights lets you know how to overcome the obstacles. - SEX - Ditto. - SAYING GOOD-BYE - Your child really will leave your bed! Good Nights helps you help your child move on when the time is right. If you're among the record number of parents turning to the family bed, turn to Good Nights. It's a bedside companion you won't want to be without.

The Outsiders

"When Bear can't sleep, he goes on an adventure and discovers the wonders of New York City--a parade, Central Park, hot dogs, and more! But when he finally gets tired and looks for a place to rest, he learns why it's called the city that never sleeps"--Dust jacket flap.

Fever 1793

50 years of an iconic classic! This international bestseller and inspiration for a beloved movie is a heroic story of friendship and belonging. No one ever said life was easy. But Ponyboy is pretty sure that he's got things figured out. He knows that he can count on his brothers, Darry and Sodapop. And he knows that he can count on his friends—true friends who would do anything for him, like Johnny and Two-Bit. But not on much else besides trouble with the Socs, a vicious gang of rich kids whose idea of a good time is beating up on “greasers” like Ponyboy. At least he knows what to expect—until the night someone takes things too far. The Outsiders is a dramatic and enduring work of fiction that laid the groundwork for the YA genre. S. E. Hinton's classic story of a boy who finds himself on the outskirts of regular society remains as powerful today as it was the day it was first published. "The Outsiders transformed young-adult fiction from a genre mostly about prom queens, football players and high school crushes to one that portrayed a darker, truer world." —The New York Times "Taut with tension, filled with drama." —The Chicago Tribune "[A] classic coming-of-age book." —Philadelphia Daily News A New York Herald Tribune Best Teenage Book A Chicago Tribune Book World Spring Book Festival Honor Book An ALA Best Book for Young Adults Winner of the Massachusetts Children's Book Award

Harold the Owl Who Couldn't Sleep

As winter comes and Big Bear prepares to hibernate, he keeps thinking he hears Old Man Winter giving him exhausting orders that prevent him from sleeping.

The Newborn Sleep Book

We often think of sleep as mere stasis, a pause button we press at the end of each day. Yet sleep is full of untold mysteries—eluding us when we seek it too fervently, throwing us into surreal dream worlds when we don't, sometimes even possessing our bodies so that they walk and talk without our conscious volition. Delving into the mysteries of his own sleep patterns, Bill Hayes marvels, "I have come to see that sleep itself tells a story." An acclaimed journalist and memoirist—and partner of the late neurologist Oliver Sacks—Hayes has been plagued by insomnia his entire life. The science and mythology of sleep and sleeplessness form the backbone to Hayes's narrative of his personal battles with sleep and how they colored his waking life, as he threads stories of fugitive sleep through memories of growing up in the closet, coming out to his Irish Catholic family, watching his friends fall ill during the early years of the AIDS crisis in San Francisco, and finding a lover. An erudite blend of science and personal narrative, *Sleep Demons* offers a poignant introduction to the topics for which Hayes has since become famous,

including art, eros, city life, the history of medical science, and queer identity.

The Family that Couldn't Sleep

The first symptoms begin after just a few sleepless nights, with shaking, sweating and overwhelming anxiety. They end only after months of agonising open-eyed deterioration when the victim finally falls into a coma-like state of exhaustion and then dies. Fatal Familial Insomnia is a rare, inherited disease that has afflicted one noble Venetian family for centuries, striking at random and passing from generation to generation like a deadly dynastic curse. The cause? A rogue protein called a prion, which is impossible to destroy and is also responsible for Mad Cow Disease and scrapie in sheep. In this ground-breaking work of scientific detection, D. T. Max pins down this most mutable and maddening of enemies and tells a story that is at once enlightening and spell-binding.

The Metamorphosis (Legend Classics)

Little Moose learns the value of a good night's sleep.

The Koala That Couldn't Sleep

“The Joy Luck Club is one of my favorite books. From the moment I first started reading it, I knew it was going to be incredible. For me, it was one of those once-in-a-lifetime reading experiences that you cherish forever. It inspired me as a writer and still remains hugely inspirational.” —Kevin Kwan, author of Crazy Rich Asians

Amy Tan’s beloved, New York Times bestselling tale of mothers and daughters. Four mothers, four daughters, four families whose histories shift with the four winds depending on who’s “saying” the stories. In 1949 four Chinese women, recent immigrants to San Francisco, begin meeting to eat dim sum, play mahjong, and talk. United in shared unspeakable loss and hope, they call themselves the Joy Luck Club. Rather than sink into tragedy, they choose to gather to raise their spirits and money. “To despair was to wish back for something already lost. Or to prolong what was already unbearable.” Forty years later the stories and history continue. With wit and sensitivity, Amy Tan examines the sometimes painful, often tender, and always deep connection between mothers and daughters. As each woman reveals her secrets, trying to unravel the truth about her life, the strings become more tangled, more entwined. Mothers boast or despair over daughters, and daughters roll their eyes even as they feel the inextricable tightening of their matriarchal ties. Tan is an astute storyteller, enticing readers to immerse themselves into these lives of complexity and mystery.

The City of Ember

Unable to get Snowbaby to fall asleep on a snowy winter night, Snowpapa and Snowmama decide that a more creative solution than counting snowflakes is needed. By the author of Rocko and Spanky Go to a Party.

The Bear Who Couldn't Sleep

As seen in Time, USA TODAY, The Atlantic, The Wall Street Journal, and on CBS This Morning, BBC, PBS, CNN, and NPR, iGen is crucial reading to understand how the children, teens, and young adults born in the mid-1990s and later are vastly different from their Millennial predecessors, and from any other generation. With generational divides wider than ever, parents, educators, and employers have an urgent need to understand today's rising generation of teens and young adults. Born in the mid-1990s up to the mid-2000s, iGen is the first generation to spend their entire adolescence in the age of the smartphone. With social media and texting replacing other activities, iGen spends less time with their friends in person—perhaps contributing to their unprecedented levels of anxiety, depression, and loneliness. But technology is not the only thing that makes iGen distinct from every generation before them; they are also different in how they spend their time, how they behave, and in their attitudes toward religion, sexuality, and politics. They socialize in completely new ways, reject once sacred social taboos, and want different things from their lives and careers. More than previous generations, they are obsessed with safety, focused on tolerance, and have no patience for

inequality. With the first members of iGen just graduating from college, we all need to understand them: friends and family need to look out for them; businesses must figure out how to recruit them and sell to them; colleges and universities must know how to educate and guide them. And members of iGen also need to understand themselves as they communicate with their elders and explain their views to their older peers. Because where iGen goes, so goes our nation—and the world.

The Book Thief

For two hundred years a noble Venetian family has suffered from an inherited disease that strikes their members in middle age, stealing their sleep, eating holes in their brains, and ending their lives in a matter of months. In Papua New Guinea, a primitive tribe is nearly obliterated by a sickness whose chief symptom is uncontrollable laughter. Across Europe, millions of sheep rub their fleeces raw before collapsing. In England, cows attack their owners in the milking parlors, while in the American West, thousands of deer starve to death in fields full of grass. What these strange conditions—including fatal familial insomnia, kuru, scrapie, and mad cow disease—share is their cause: prions. Prions are ordinary proteins that sometimes go wrong, resulting in neurological illnesses that are always fatal. Even more mysterious and frightening, prions are almost impossible to destroy because they are not alive and have no DNA—and the diseases they bring are now spreading

around the world. In *The Family That Couldn't Sleep*, essayist and journalist D. T. Max tells the spellbinding story of the prion's hidden past and deadly future. Through exclusive interviews and original archival research, Max explains this story's connection to human greed and ambition—from the Prussian chemist Justus von Liebig, who made cattle meatier by feeding them the flesh of other cows, to New Guinean natives whose custom of eating the brains of the dead nearly wiped them out. The biologists who have investigated these afflictions are just as extraordinary—for example, Daniel Carleton Gajdusek, a self-described “pedagogic pedophile pediatrician” who cracked kuru and won the Nobel Prize, and another Nobel winner, Stanley Prusiner, a driven, feared self-promoter who identified the key protein that revolutionized prion study. With remarkable precision, grace, and sympathy, Max—who himself suffers from an inherited neurological illness—explores maladies that have tormented humanity for centuries and gives reason to hope that someday cures will be found. And he eloquently demonstrates that in our relationship to nature and these ailments, we have been our own worst enemy.

The Boy Who Couldn't Sleep

The ideal graduation gift for anyone about to enter the workforce, a witty, practical guide to 200 difficult professional conversations—featuring all-new advice from the creator of the popular website *Ask a Manager* and New York's work-advice columnist. There's a reason Alison Green has been called “the Dear Abby of the

work world.” Ten years as a workplace-advice columnist have taught her that people avoid awkward conversations in the office because they simply don’t know what to say. Thankfully, Green does—and in this incredibly helpful book, she tackles the tough discussions you may need to have during your career. You’ll learn what to say when

- coworkers push their work on you—then take credit for it
- you accidentally trash-talk someone in an email then hit “reply all”
- you’re being micromanaged—or not being managed at all
- you catch a colleague in a lie
- your boss seems unhappy with your work
- your cubemate’s loud speakerphone is making you homicidal
- you got drunk at the holiday party

Advance praise for *Ask a Manager* “A must-read for anyone who works . . . [Alison Green’s] advice boils down to the idea that you should be professional (even when others are not) and that communicating in a straightforward manner with candor and kindness will get you far, no matter where you work.”—Booklist (starred review) “I am a huge fan of Alison Green’s *Ask a Manager* column. This book is even better. It teaches us how to deal with many of the most vexing big and little problems in our workplaces—and to do so with grace, confidence, and a sense of humor.”—Robert Sutton, Stanford professor and author of *The No Asshole Rule* and *The Asshole Survival Guide* “Clear and concise in its advice and expansive in its scope, *Ask a Manager* is the book I wish I’d had in my desk drawer when I was starting out (or even, let’s be honest, fifteen years in).”—Sarah Knight, New York Times bestselling author of *The Life-Changing Magic of Not Giving a F*ck*

The Circuit

Arlo The Lion Who Couldn't Sleep is a beautifully illustrated story with a gentle mindfulness message from Kate Greenaway Medal winner Catherine Rayner – ideal for bedtime, and especially helpful for little ones who have trouble going to sleep. Arlo the lion is exhausted. He just can't drop off, no matter what he tries. It's either too hot, or too cold; too loud or too quiet. But then he meets Owl. She can sleep through the day, which isn't easy when most other animals are awake! Will Arlo ever get any rest? Perhaps his new friend has some special tricks she can teach him

Arlo The Lion Who Couldn't Sleep

George Takei has captured hearts and minds worldwide with his captivating stage presence and outspoken commitment to equal rights. But long before he braved new frontiers in Star Trek, he woke up as a four-year-old boy to find his own birth country at war with his father's--and their entire family forced from their home into an uncertain future. In a stunning graphic memoir, Takei revisits his haunting childhood in American concentration camps, as one of over 100,000 Japanese Americans imprisoned by the U.S. government during World War II. Experience the forces that shaped an American icon--and America itself--in this gripping tale of

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courage, country, loyalty, and love.

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