

The Essential Kabbalah Heart Of Jewish Mysticism Daniel Chanan Matt

ZoharThe Universal KabbalahThe Big Book of Christian MysticismGod & the Big BangZohar: The Book of SplendorKabbalahThe Heart and the FountainThe Essential ZoharThe Essential KabbalahKabbalah for BeginnersThe Total Book of House PlantsKabbalahKabbalahThe Way of KabbalahThe Wisdom of Not KnowingGod & the Big BangThe Holy KabbalahZohar Complete SetThe EthicsGod in Your BodyThe Mystic QuestKabbalahPractical KabbalahMajor Trends in Jewish MysticismThe Essential KabbalahThe Tibetan Book of the DeadThe Essential KabbalahKabbalahSecret Practices of the Sufi FreemasonsEssential Papers on KabbalahThe Kabbalistic TraditionEhyehZohar, the Book of EnlightenmentKabbalah For Dummies777 And Other Qabalistic Writings of Aleister CrowleyKabbalah for BeginnersThe Kabbalistic Mirror of GenesisKabbalah and the Power of DreamingThe WayThe Complete Idiot's Guide to Kabbalah

Zohar

Mysticism and science: What do they have in common? How can one enlighten the other? By drawing on modern cosmology and ancient Kabbalah, Matt shows how science and religion can together enrich our spiritual awareness and help us recover a sense of wonder and find our place in the universe. Drawing on the insights of physics and Jewish mysticism, Daniel Matt uncovers the sense of wonder and oneness that connects us with the universe and God. He describes in understandable terms the parallels between modern cosmology and ancient Kabbalah. He shows how science and religion together can enrich our spiritual understanding. We "embody the energy" of the big bang, writes Matt. Furthermore, "God is not somewhere else, hidden from us. God is right here hidden from us." To discover the presence of God, Matt draws on both science and theology, fact and belief, and on the truths embodied in Buddhism, Hinduism, Islam and Christianity, as well as Judaism. A rich dialogue between the physical and the spiritual, God & the Big Bang takes us on a deeply personal, thoughtful and inspiring journey that helps us find our place in the universe--and the universe in ourselves.

The Universal Kabbalah

This is the first translation with commentary of selections from The Zohar, the major text of the Kabbalah, the Jewish mystical tradition. This work was written in 13th-century Spain by Moses de Leon, a Spanish scholar.

The Big Book of Christian Mysticism

Indie Book Awards Winner: A deeply affirming exploration of the unknown—the challenges, the possibilities, and how to

navigate uncertainty without fear For most of us, the unknown is both friend and foe. At times, it can be a source of paralyzing fear and uncertainty. At other times, it can be a starting point for transformation, creativity, and growth. The unknown is a deep current that runs throughout all religions and mystical traditions, plays an important role in contemporary psychotherapeutic thought and practice, and is essential to personal growth and healing. In *The Wisdom of Not Knowing*, psychotherapist Estelle Frankel shows us that our psychological, emotional, and spiritual health is radically influenced by how comfortable we are with navigating the unknown and uncertain dimensions of our lives. Drawing on insights from Kabbalah, depth psychology, Buddhism, Christianity, Hinduism, and ancient myth, Frankel explores how we can grow our souls by tapping into the wisdom of not knowing. She also includes case studies of individuals who have grappled with fears of the unknown and, as a result, come out wiser, stronger, and more resilient. Each chapter includes experiential exercises and meditations for befriending the unknown, conveying how embracing a state of "not knowing" is the key to gaining new knowledge, learning to bear uncertainty, and enjoying a healthy sense of adventure and curiosity.

God & the Big Bang

A translation of the Kabbalah for the layperson includes a compact presentation of each primary text and features a practical analysis and vital historical information that offer insight into the various aspects of Jewish mysticism.

Zohar: The Book of Splendor

This edition includes Liber 777, Gematria (from *Equinox* Volume 1, Number 5), and Sepher Sephiroth (from *Equinox* Volume 1, Number 8).

Kabbalah

Benedict de Spinoza was a Dutch philosopher of Portuguese Sephardic descent. He is considered one of the most influential thinkers of The Enlightenment, and *The Ethics* is his most famous work.

The Heart and the Fountain

'The Torah is both hidden and revealed there is a secret meaning to the holy Torah that is not written down explicitly or explained in it' This selection offers a comprehensive survey of the 'Kabbalah', the body of writings in the Jewish mystical tradition. It features texts from a variety of literary forms, from the earliest biblical sources through to the early twentieth century, with a section on 'practical kabbalistic knowledge and procedure' to appeal to the modern market.

The Essential Zohar

"Elizabeth Clare Prophet's book is a masterpiece. The rich tradition of the Kabbalah comes to life in a language that is accessible even to those unfamiliar with this ancient and classic tradition."--Caroline Myss, Ph.D., author of "Anatomy of the Spirit."

The Essential Kabbalah

A dynamic exposition of the powerful, ancient Sephardic tradition of dreaming passed down from the renowned 13th-century kabbalist Isaac the Blind • Includes exercises and practices to access the dream state at will in order to engage with life in a state of enhanced awareness • Written by the close student of revered kabbalist Colette Aboulker-Muscat In Kabbalah and the Power of Dreaming Catherine Shainberg unveils the esoteric practices that allow us to unlock the dreaming mind's transformative and intuitive powers. These are the practices used by ancient prophets, seers, and sages to control dreams and visions. Shainberg draws upon the ancient Sephardic Kabbalah tradition, as well as illustrative stories and myths from around the Mediterranean, to teach readers how to harness the intuitive power of their dreaming. While the Hebrew Bible and our Western esoteric tradition give us ample evidence of dream teachings, rarely has the path to becoming a conscious dreamer been articulated. Shainberg shows that dreaming is not something that merely takes place while sleeping--we are dreaming at every moment. By teaching the conscious mind to be awake in our sleeping dreams and the dreaming mind to be manifest in daytime awareness, we are able to achieve revolutionary consciousness. Her inner-vision exercises initiate creative and transformative images that generate the pathways to self-realization.

Kabbalah for Beginners

Reveals the secret spiritual exercises of the Bektashi Order of Sufis • Shows how this order, also known as Oriental Freemasonry, preserves the ancient spiritual doctrines forgotten by modern Freemasonry • Explains how to transform the soul into the alchemical Magnum Opus by combining Masonic grips and the abbreviated letters of the Qur'an • Includes a detailed biography of Baron von Sebottendorff Originally published in Germany in 1924, this rare book by Baron Rudolf von Sebottendorff reveals the secret spiritual exercises of the Bektashi Order of Sufis as well as how this order, also known as Oriental Freemasonry, preserves the ancient spiritual doctrines forgotten by modern Freemasonry. Sebottendorff explains how the mysterious abbreviated letters found in the Qur'an represent formulas for perfecting the spirit of the individual. When combined with Masonic hand signs and grips and conducted accordingly to a precise schedule, these formulas incorporate spiritual power into the body and transform the soul from its base state into a noble, godlike state: the Magnum Opus of the medieval alchemists. Laying out the complete program of spiritual exercises, Sebottendorff explains each

abbreviated word-formula in the Qur'an, the hand gestures that go with them, and the exact order and duration for each exercise. Including a detailed biography of Sebottendorff and an examination of alchemy's Islamic heritage, this book shows how the traditions of Oriental Freemasonry can ennoble the self and lead to higher knowledge.

The Total Book of House Plants

This work proposes that the biblical accounts of slavery in Egypt and the Promised Land are allegories of the basic human condition and struggles of inner growth. The individual's search for a spiritual teacher follows, introducing the theory and practice of Kabbalistic knowledge.

Kabbalah

Explains the fundamental ideas and spiritual teachings of Kabbalah while discussing how it can be interpreted to serve a contemporary spiritual quest without destorying the soul of its tradition.

Kabbalah

An introduction to the mystical component of Christianity reveals its ancient traditions of meditation, philosophy, enlightenment and devotion to the blissful experience of a Divine presence, in a volume that combines practical instruction with historical, biographical and biblical information.

The Way of Kabbalah

"The simple and practical wisdom I have gained by reading this book and studying Kabbalah is immeasurable." --Madonna
"This book will inspire your soul. Michael Berg has accomplished the monumental task of translating the eternal truths of life into spiritual common sense. Without a doubt, The Way will become one of the sacred texts of your own life." -Caroline Myss, Ph.D., author of Anatomy of the Spirit and Sacred Contracts
The spiritual way of Kabbalah has grown from a hidden treasure into a widespread mainstream movement that has helped people from every walk of life, all around the world, to improve their lives. In this bestselling book, Michael Berg of The Kabbalah Centre-the world's leading educational institution teaching the wisdom of Kabbalah-shows you how to recognize and understand the key spiritual laws in order to improve your life and the lives of everyone around you. The Way will teach you meditation and prayer techniques and how to reduce emotional chaos and increase personal harmony. At once groundbreaking and so clearly written that it is accessible to anyone following any spiritual path, The Way provides the spiritual power tools to attain true fulfillment and happiness.

The Wisdom of Not Knowing

The Zohar is a mystical commentary on the Torah that is the basis for Kabbalah. This is a difficult book to translate. Matt, who has taught Jewish mysticism at Stanford University and the Hebrew University of Jerusalem, is working his way through the book, giving a comprehensive annotation that offers background and explanations of the text, both his own and those of other scholars.

God & the Big Bang

Today, many people from all faiths are exploring the Kabbalah. What was once controversial and esoteric teachings from medieval Jewish mystics now is becoming one of the latest spiritual trends sweeping across America. The book has a completely revised introduction and several substantially revised chapters, making key ideas less abstract and more comprehensible to readers, and now includes a section called the 10 Main Conceptual Principles.

The Holy Kabbalah

Gain a better understanding of the Kabbalah path to spiritual transformation and a deeper connection with the Jewish faith. Coming from the Hebrew root that means "to receive," Kabbalah is known as the "inner" or "esoteric" dimension of Judaism. Kabbalah for Beginners is your introduction to a great spiritual tradition that will help you deepen your experience of the Divine through Kabbalistic portals into the Eternal Present. Divided into four categories: theosophical, ecstatic, Hasidic, and contemporary, this book explores everything including ancient concepts, core teachings, practices and traditions, and even misconceptions of Kabbalah. Written in a contemporary tone and point of view, this beginner's guide brings this ancient discipline into the here and now. In Kabbalah for Beginners you'll find: God is existence--The Kabbalist method is that God is not a being, not even the most supreme being, but is rather Being itself. What is Kabbalah--Get inspired by interspersed quotes from the Torah and frequent sidebars that highlight the Kabbalah's relevance to readers' experiences. Spirituality simplified--Learn through a clear straightforward language to bring intuitiveness to deep philosophical concepts. Discover a contemporary guide to this ancient wisdom and move toward spiritual transformation.

Zohar Complete Set

An international authority on Jewish mysticism examines the full power of the authentic Kabbalah to transform one's life, explaining how use the spiritual principles and practices of the Kabbalah to bring one health, love, success, and other good things in life. Original.

The Ethics

An indispensable resource to embodied spirituality reveals how to experience God rather than just engage God as an idea, sharing physical exercises, meditation practices, and visualization activities that will join body and spirit. Original.

God in Your Body

Kabbalah is an ancient Jewish wisdom that explains the laws of spiritual energy. Up until very recently the Kabbalah was reserved for the elite, those who only after years of scholarship and practice were allowed to enter this mystical realm. However, one doesn't need to devote one's life to intense study to reap the rich rewards of the Kabbalah. With just a basic understanding of a few key concepts, our lives can be enriched immensely. We can then begin to fulfill our deepest dreams and reach our most important goals, becoming the people we long to become. By learning to understand the Sefirot--the ten spiritual properties that flow from the cosmic source into our heart--we can connect to the universe and profoundly transform our experience of daily life. For example, Hessed, or "loving-kindness," represents the desire to be generous, while Gevurah is the desire to focus intently or withhold. These properties must be balanced in order for harmony and well-being to occur. Rabbi Laibl Wolf shows how to maintain that balance and enjoy a healthy and productive life by using simple meditation and creative visualization techniques to grasp the spiritual nature of our life. Practical Kabbalah draws upon ancient wisdom but offers a modern interpretation and easy-to-understand techniques for delving deeper into our selves and our world and for reaping the bounteous gifts that were always meant for us. From the Trade Paperback edition.

The Mystic Quest

Attempts to reconcile physics with Jewish religion. Discusses beginnings, complexity and wonder of the universe, and the underlying oneness.

Kabbalah

Kabbalah has gained notoriety in recent years, thanks in large part to a publicity boost from celebrity adherents like Madonna. Yet the uninitiated may be surprised to learn that Jewish mysticism has been practiced for thousands of years. First published in 1929, The Holy Kabbalah is Arthur E. Waite's guide to these esoteric teachings. Divided into twelve books, with five appendices and a detailed index, this heavily researched volume traces the origins of Kabbalah and examines its influence (if any) on astrology, alchemy, and freemasonry. Including a close look at Kabbalistic literature, and sections on the Zohar and the Ten Sephiroth, this volume will serve as an excellent introduction to the secret tradition for those wanting

to learn more about Kabbalah out of scholarship or curiosity. American-born British author ARTHUR EDWARD WAITE (1857-1942) was cocreator of the famous 1910 Rider-Waite Tarot deck. Among his numerous books are Book of Ceremonial Magic, Devil Worship in France, and New Encyclopedia of Freemasonry.

Practical Kabbalah

This landmark work by an innovative modern Kabbalist develops a scientific model for kabbalistic cosmology and soul psychology. Derived from the kabbalistic diagram of the Tree of Life and the author's own Sabbath Star diagram, this universal model encodes the laws of all cosmic manifestation, giving a mathematical basis to many aspects of this mystical tradition and providing a new synthesis of science and spirituality that may well write a new chapter to the Kabbalah.

Major Trends in Jewish Mysticism

Presents the primary texts of the Kabbalah with practical analysis and historical information.

The Essential Kabbalah

Guides readers step-by-step through the texts that make up the Zohar and explains the inner meanings of this sacred text in a way that is both spiritually enlightening and intellectually fascinating.

The Tibetan Book of the Dead

Kabbalah focuses on unique inner wisdom, balance, and understanding to achieve a life in harmony with the spiritual laws of the universe. The gorgeous illustrations and photographs of this beautiful, full-color volume celebrate this timeless philosophy, and the text makes the perennial wisdom of Kabbalah accessible to all readers.

The Essential Kabbalah

Sometime, somewhere, someone is searching for answers in a thirteenth-century castle . . . on a train to a concentration camp . . . in a New York city apartment Hidden within the binding of an ancient text that has been passed down through the ages lies the answer to one of the heart's eternal questions. When the text falls into the hands of Rabbi Kalman Stern, he has no idea that his lonely life of intellectual pursuits is about to change once he opens the book. Soon afterward, he meets astronomer Isabel Benveniste, a woman of science who stirs his soul as no woman has for many years.

But Kalman has much to learn before he can unlock his heart and let true love into his life. The key lies in the mysterious document he finds inside the Zohar, the master text of the Kabbalah.

Kabbalah

For thousands of years, no book has been more shrouded in mystery than the Zohar, yet no book offers us greater wisdom. The central text of Kabbalah, the Zohar is a commentary on the Bible's narratives, laws, and genealogies and a map of the spiritual landscape. In The Essential Zohar, the eminent kabbalist Rav P. S. Berg decodes its teachings on evil, redemption, human relationships, wealth and poverty, and other fundamental concerns from a practical, contemporary perspective. The Zohar and Kabbalah have traditionally been known as the world's most esoteric sources of spiritual knowledge, but Rav Berg has dedicated his life to making this concentrated distillation of infinite wisdom available to people of all faiths so that we may use its principles to live each day in harmony with the divine.

Secret Practices of the Sufi Freemasons

The wisdom of the Kabbalah distilled to 175 pages. Mathers presents representative chapters from the Zohar (the 'Book of Splendour', which forms the main body of the Kabbalah), exploring topics as diverse as the nature of mankind's relationship with God; wisdom, reason and knowledge; restoring harmony to the world; and love, kindness and the knowledge of God. Traditionally reserved for scholars, this material is provided in a clear and accessible format that provides daily guidance both for scholars of the Kabbalah and for anyone seeking to address fundamental questions of life.

Essential Papers on Kabbalah

A bold line-by-line reexamination of the first 3 chapters of Genesis that reveals the essential nature of mind and creativity • Deconstructs each line of Genesis chapters 1-3 with esoteric methods derived from the oral teachings of the Kabbalah • Reveals the sefirot, the Tree of Life, as the Divine blueprint of the creative process • Explains how Genesis reveals the Divinity of mind and consciousness Hidden within the first three chapters of Genesis rests one of the greatest jewels of Western mystical literature. For millennia religious literalism has dominated our understanding of the Bible, imprisoning its subtle inner wisdom within the most coarse and superficial aspects of the narrative. Generations have been led to believe that Genesis 1-3 is only a primitive proto-cosmic history, a mythological explanation of the human moral disposition, a religious fairy tale. But by accepting the text as pure kabbalistic metaphor, the mystical content of Genesis springs forth, revealing the Divine nature of creativity as well as a new understanding of the human mind. Deconstructing each line of Genesis 1-3 with esoteric methods derived from the oral teachings of the Kabbalah, David Chaim Smith reveals how the ten

sefirot, collectively known as the Tree of Life, are not simply a linear hierarchy. They are a unified interdependent whole with ten interactive functions, forming the template through which creative diversity manifests. Through acts of creation and creativity, the mind expresses its Divine nature. Through our Divine creative power, we are able to touch upon Ain Sof (the infinite), the lifeblood of all creative expression. Smith's line-by-line examination of Genesis 1-3 reveals a complete model not only of Divine creativity but also of the predicament of the human mind, of the Divine nature of consciousness as well as our inability to recognize the mind's Divinity. With this new interpretation, which removes the concept of a Creator God, we are able to transcend the contrasting notions of "being" and "non-being" at the heart of conventional habits of perception and awaken a new mystical understanding of Unity and the fathomless depth of Divinity.

The Kabbalistic Tradition

Occupied by Memory explores the memories of the first Palestinian intifada. Based on extensive interviews with members of the "intifada generation," those who were between 10 and 18 years old when the intifada began in 1987, the book provides a detailed look at the intifada memories of ordinary Palestinians. These personal stories are presented as part of a complex and politically charged discursive field through which young Palestinians are invested with meaning by scholars, politicians, journalists, and other observers. What emerges from their memories is a sense of a generation caught between a past that is simultaneously traumatic, empowering, and exciting—and a future that is perpetually uncertain. In this sense, Collins argues that understanding the stories and the struggles of the intifada generation is a key to understanding the ongoing state of emergency for the Palestinian people. The book will be of interest not only to scholars of the Middle East but also to those interested in nationalism, discourse analysis, social movements, and oral history.

Ehyeh

One of the great masterpieces of Western religious thought, the Zohar represents an attempt to uncover hidden meanings behind the world of appearances. It is the central work in the literature of the Kabbalah, the Jewish mystical tradition. This volume of selected passages from the Zohar, culled by the greatest authority on Jewish mysticism, offers a sampling of its unique vision of the esoteric wonders of creation; the life and destiny of the soul; the confluence of physical and divine love; suffering and death; exile and redemption.

Zohar, the Book of Enlightenment

Over 25 selections reflect the remarkable scope of Jewish mysticism, from the visions of Rabbi Akiba and Rabbi Ishmael to the secrets of the Zohar; from apocalyptic, messianic and magical texts to the writings of four contemporary Israeli poets.

Kabbalah For Dummies

The so-called "Tibetan Book of the Dead" has been recognized for centuries as a classic of Buddhist wisdom and religious thought. More recently, it has gained great influence in the Western world for its psychological insights into the process of death and dying, and for what it can teach us about our lives. It has also been helpful in the grieving processes of people who have recently lost someone they love. Composed in the 8th century AD. of C., its intention is to prepare the soul for the adversities and transformations of the beyond. His profound message is that the art of dying is as important as that of living. Drawn from Tibetan spiritual traditions, it shows us the workings of the mind in its various manifestations - terrifying and reassuring, angry and beautiful - that appear more clearly in the consciousness of the deceased. By recognizing these manifestations we can reach the state of enlightenment, both in this existence and in the next.

777 And Other Qabalistic Writings of Aleister Crowley

The Kabbalist Rabbi Laitman, who was the student and personal assistant to Rabbi Baruch Ashlag from 1979-1991, follows in the footsteps of his rabbi in passing on the wisdom of Kabbalah to the world. This book is based on sources that were passed down by Rabbi Baruch's father, Rabbi Yehuda Ashlag (Baal HaSulam), the author of 'the Sulam', the commentaries on The Book of Zohar, who continued the ways of the Ari and Rabbi Shimon Bar Yochai and many great Kabbalists throughout the generations before them. The goal of this book is to assist individuals in confronting the first stages of the spiritual realm. This unique method of study, which encourages sharing this wisdom with others, not only helps overcome the trials and tribulations of everyday life, but initiates a process in which individuals extend themselves beyond the standard limitations of today's world.

Kabbalah for Beginners

A collection of lectures on the features of the movement of mysticism that began in antiquity and continues in Hasidism today.

The Kabbalistic Mirror of Genesis

Provides all essential information on the horticultural requirements and traits of hundreds of flowering, foliage, and fruit-bearing plants, ferns, bromeliads, succulents, and bulbs from around the world

Kabbalah and the Power of Dreaming

Kabbalah For Dummies presents a balanced perspective of Kabbalah as an “umbrella” for a complex assemblage of mystical Jewish teachings and codification techniques. Kabbalah For Dummies also shows how Kabbalah simultaneously presents an approach to the study of text, the performance of ritual and the experience of worship, as well as how the reader can apply its teaching to everyday life.

The Way

The Mystic Quest explains the major ideas and concepts of Jewish mystical thought in a way that the general reader can clearly understand. Drawing upon his own extensive research as well as on the growing body of scholarly material on the subject, Dr. David Ariel, president of the Cleveland College of Jewish Studies, presents the extremely difficult and complex elements of Jewish mysticism in language that makes it accessible to the layperson. Jewish mysticism is as old as the Bible itself. It is a rich and subtle web of secret teachings and practices that has been part of Judaism since antiquity and has sought to keep the original spark of religious experience alive through the centuries. It is the relatively unknown, esoteric dimension of Judaism that has nourished a deep spiritual power within a tradition of law, ritual, and observance. A central element in Judaism, the "mystic quest" has shaped both Judaism and Jews throughout history, generating the kabbalistic tradition and Hasidism, which continue to thrive today, As Ariel says, "This book is concerned primarily with the development and meaning of the Kabbalah, the principal tradition of mystical Jewish thought." The Mystic Quest begins with an examination of the variety of phenomena known in different cultures as "mysticism." Ariel then located the Jewish mystical tradition within the context of Jewish history and traces its evolution throughout the ages. Jewish mystical theories about the hidden and revealed God, the feminine aspects of divinity, the mystical Torah, and the concepts of the soul and human destiny are then explored in detail. Finally, the author considers Hasidism and modern Jewish mystical thought, discussing the role of mysticism in contemporary Judaism. In language accessible to the beginner, yet sophisticated enough to captivate the advanced student, The Mystic Quest fills an important gap in our knowledge of mysticism by bringing a comprehensive and fresh understanding of the subject to a new generation of

The Complete Idiot's Guide to Kabbalah

Byron Sherwin's book is a primer for course-work and for those seeking to understand Jewish mysticism on its own terms, Kabbalah provides a comprehensive, accessible introduction to Jewish mysticism, organized around five models of Jewish mystical theology and experience: Normal Mysticism, Mystical Intimacy, Addressing God's Needs, Drawing Down Divine Grace, and Prophetic Kabbalah. Sherwin's Kabbalah: An Introduction to Jewish Mysticism is a scholarly, yet accessible work that includes primary texts in translation.

[ROMANCE](#) [ACTION & ADVENTURE](#) [MYSTERY & THRILLER](#) [BIOGRAPHIES & HISTORY](#) [CHILDREN'S](#) [YOUNG ADULT](#) [FANTASY](#)
[HISTORICAL FICTION](#) [HORROR](#) [LITERARY FICTION](#) [NON-FICTION](#) [SCIENCE FICTION](#)