

## **Motherhood Realized An Inspiring Anthology For The Hardest Job Youll Ever Love Unknown Binding Power Of Moms**

Forever, ErmaMotherhood RealizedMagical JourneyThe Good Mother MythRevolutionary MotheringMomfulnessMy Little Red BookLas MamisSave AfricaMitten Strings for GodThe Tale of Peter RabbitBabyfatMama, PhDYou Are a F\*cking Awesome MomRooted in NatureWoman No. 17What My Mother and I Don't Talk AboutShivering in a Paper GownMiscarriage Matters to MothersThe Ultimate MomThe Motherhood Diaries 2The Spinning HeartThe Future GenerationDeliberate MotherhoodEveryday SacramentJoy, InterruptedAfter The FloodBreathe, Mama, BreatheLove RebelTransitions of the HeartRise Up SingingOn Being 40(ish)Chicken soup for the soulThe Magic of MotherhoodWe Got ThisMothers BeforeGame Changer Life, The Anthology: Extraordinary People Sharing Their Defining Moments That Changed The GameMom CandyBeyond MotherhoodMothers and Strangers

### **Forever, Erma**

“You will devour these beautifully written—and very important—tales of honesty, pain, and resilience” (Elizabeth Gilbert, New York Times bestselling author of *Eat Pray Love* and *City of Girls*) from fifteen brilliant writers who explore how what we don’t talk about with our mothers affects us, for better or for worse. As an undergraduate, Michele Filgate started writing an essay about being abused by her stepfather. It took her more than a decade to realize that she was actually trying to write about how this affected her relationship with her mother. When it was finally published, the essay went viral, shared on social media by Anne Lamott, Rebecca Solnit, and many others. This gave Filgate an idea, and the resulting anthology offers a candid look at our relationships with our mothers. Leslie Jamison writes about trying to discover who her seemingly perfect mother was before ever becoming a mom. In Cathi Hanauer’s hilarious piece, she finally gets a chance to have a conversation with her mother that isn’t interrupted by her domineering (but lovable) father. André Aciman writes about what it was like to have a deaf mother. Melissa Febos uses mythology as a lens to look at her close-knit relationship with her psychotherapist mother. And Julianna Baggott talks about having a mom who tells her everything. As Filgate writes, “Our mothers are our first homes, and that’s why we’re always trying to return to them.” There’s relief in acknowledging how what we couldn’t say for so long is a way to heal our relationships with others and, perhaps most important, with ourselves. Contributions by Cathi Hanauer, Melissa Febos, Alexander Chee, Dylan Landis, Bernice L. McFadden, Julianna Baggott, Lynn Steger Strong, Kiese Laymon, Carmen Maria Machado, André Aciman, Sari Botton, Nayomi Munaweera, Brandon Taylor, and Leslie Jamison.

### **Motherhood Realized**

In the United States, more than 15 million women are parenting children on their own, either by circumstance or by choice. Too often these moms who do it all have been misrepresented and maligned. Not anymore. In *We Got This*, seventy-five solo mom writers tell the truth about their lives—their hopes and fears, their

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resilience and setbacks, their embarrassments and triumphs. Some of these writers' names will sound familiar, like Amy Poehler, Anne Lamott, and Elizabeth Alexander, while others are about to become unforgettable. Bound together by their strength, pride, and—most of all— their dedication to their children, they broadcast a universal and empowering message: You are not alone, solo moms—and your tenacity, courage, and fierce love are worthy of celebration.

### **Magical Journey**

New York Times Bestseller: This anthology of Erma Bombeck's most memorable and humorous essays is a tribute to one of America's sharpest wits. When she began writing her regular newspaper column in 1965, Erma Bombeck's goal was to make housewives laugh. Thirty years later, she had published more than four thousand columns, and earned countless laughs—from housewives, presidents, and everyone in between. With grace, good humor, and razor-sharp prose, she gently skewered every aspect of the American family. This collection holds the best of her columns—not just her famous quips, but also the heartbreaking observations that gave her writing such weight. In 1969, Erma wrote: "screaming kids, unpaid bills, green leftovers, husbands behind newspapers, basketballs in the bathroom. They're real . . . they're warm . . . they're the only bit of normalcy left in this cockeyed world, and I'm going to cling to it like life itself." With what Publishers Weekly calls her "infectious sense of human absurdity," Erma Bombeck's writing remains a timeless examination of the still-cockeyed world. This ebook features an illustrated biography of Erma Bombeck including rare images and never-before-seen documents from the author's estate.

### **The Good Mother Myth**

We believe that family life is beautiful and that motherhood is a privilege. But we also believe it is often really hard to see all that beauty when we're in the midst of mothering. So often, we feel like we're spread too thin. We feel like we don't match up. Our hearts want to do more than our hands can manage. And every day, as we cycle through household duties, discipline, errands, conversations, teaching, and hundreds of unexpecteds, we're often left tired, worried, and in need of some extra inspiration and encouragement. Power of Moms is an online community of deliberate mothers. Since 2007, millions of mothers from all backgrounds who are striving to be the best they can be have gathered to our website to learn and grow together. Time and again, our posts receive comments that say something like, "I am going to print this out and put it on my nightstand so I can read it again and again." We've been concerned about those nightstands . . . getting all cluttered up with paper. So we've selected dozens of our most popular posts and compiled them neatly into this book just for you. This book isn't just a book. It's a tangible representation of a living, breathing community of mothers. Motherhood is the hardest job we'll ever love, and it's so much better when we're doing it together.

### **Revolutionary Mothering**

"To a parent, there is no more frightening prospect than the thought of losing one's child. Parents aren't supposed to outlive their children, but sometimes it happens.

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When it does, the experience wrenches one's soul. While this is a hurt that will forever burden the heart, it is in sharing the burden with others that a portion of that weight is lifted. That is why a book like *Joy, Interrupted* is so needed. It is through reading the insights of real people sharing real experiences, that we begin to allow the process of self-healing. As we begin that process we might just discover how to assist others to do the same. Whether you've lost a child through death, adoption or some other means, you need to read this book and then share it with a friend." by Kevin Jenkins, Staff writer, Daily Journal -- from the back cover.

### **Momfulness**

"No longer indispensable, no longer assured of our old carefully crafted identities, no longer beautiful in the way we were at twenty or thirty or forty, we are hungry and searching nonetheless." From the author of *The Gift of an Ordinary Day*, this intimate memoir of loss, self-discovery, and growth will resonate deeply with any woman who has ever mourned the passage of time, questioned her own purpose, or wondered, "Do I have what it takes to create something new in my life?" With the candor and warmth that have endeared her to readers, Kenison reflects on the inevitable changes wrought by time: the death of a dear friend, children leaving home, recognition of her own physical vulnerability, and surprising shifts in her marriage. She finds solace in the notion that midlife is also a time of unprecedented opportunity for growth as old roles and responsibilities fall away, and unanticipated possibilities appear on the horizon. More a spiritual journey than a physical one, Kenison's beautifully crafted exploration begins and ends with a home, a life, a marriage. But this metamorphosis proves as demanding as any trek or pilgrimage to distant lands—it will guide and inspire every woman who finds herself asking "What now?"

### **My Little Red Book**

The *Magic of Motherhood* celebrates your life as a mom—the good stuff, the hard stuff, and everything in between. From the writers behind the popular blog *Coffee + Crumbs* comes a beautiful new book to remind you of your identity, both as a woman and as a mother. Motherhood can often feel overwhelming and isolating. You find your feelings swinging between joy and uncertainty, intense love and anxiety, laughter and tears. Through it all, you constantly ask yourself, "Am I the only one who feels this way?" The *Magic of Motherhood* will reassure you that you're not alone. Full of encouragement, humor, and wisdom that will speak to you right where you are, *The Magic of Motherhood* is like a long-overdue coffee date with your best girlfriend. In this book you'll find heartwarming essays about identity, adoption, body image, miscarriage, friendship, faith, infertility, and more. *The Magic of Motherhood* is a curated collection of honest stories that weave together the love, joy, and magnificent heartache of motherhood. Instead of offering advice, the writers offer something even better: their hearts. *The Magic of Motherhood* is a love letter to mothers everywhere; it's a story about the magic that happens in between calm and chaos, the joy that can be found in both beauty and mess, and the valuable lessons we learn about ourselves in between cups of reheated coffee and kitchen tables covered in crumbs. Find a new strength, beauty, and sisterhood you never believed possible in *The Magic of Motherhood*, an inspiring and encouraging book written for an imperfect, trying-her-best mom

just like you.

## **Las Mamis**

In *Everyday Sacrament: The Messy Grace of Parenting* Laura Kelly Fanucci sees the Catholic sacraments through the smudged and sticky lens of life with little ones. From dinnertime chaos to bath-time giggles to never-ending loads of laundry, Laura stumbles into the surprising truth of what the seven sacraments really mean: that God is present always, even in the messes of motherhood. A spiritual memoir of parenting's early years and a sacramental theology rooted in family life, *Everyday Sacrament* offers an honest, humorous, and hopeful look at ordinary moments as full of grace.

## **Save Africa**

It's a memoir. Please don't call it a mom-oir. That sh\*t's just patronizing. This is the book that wrote itself in Pauline M. Campos' head when she realized that her baby had become a toddler and the expiration date on her socially acceptable baby weight had worn out. The Latina Magazine #Dimelo advice columnist and Aspiring Mama blogger gave herself a one-year-or-bust deadline, then embarked on the search to find the mama lost in the muffin top with the requisite weight loss plans, attempted (and failed) exercise programs, and a singular focus on the scale and not wanting to toss it out the window. *BabyFat* is more than Pauline's story. It's the story for every woman who finds fault with her body after motherhood, and for every woman who needs a snarky, honest, and relatable reminder that the secret to happiness and self-acceptance has little to do with whether the scale is tipping the right way and everything to do with how she sees herself.

## **Mitten Strings for God**

An anthology that gives access to the voices of mothers of color and marginalized mothers *Revolutionary Mothering: Love on the Frontlines* is an anthology that centers mothers of color and marginalized mothers' voices—women who are in a world of necessary transformation. The challenges faced by movements working for antiviolence, anti-imperialist, and queer liberation, as well as racial, economic, reproductive, gender, and food justice are the same challenges that marginalized mothers face every day. Motivated to create spaces for this discourse because of the authors' passionate belief in the power of a radical conversation about mothering, they have become the go-to people for cutting-edge inspired work on this topic for an overlapping committed audience of activists, scholars, and writers. *Revolutionary Mothering* is a movement-shifting anthology committed to birthing new worlds, full of faith and hope for what we can raise up together. Contributors include alba onofrio, Alexis Pauline Gumbs, Ariel Gore, Arielle Julia Brown, Autumn Brown, Cheryl Boyce-Taylor, China Martens, Christy NaMee Eriksen, Claire Barrera, Cynthia Dewi Oka, Esteli Juarez Boyd, Fabielle Georges, Fabiola Sandoval, Gabriela Sandoval, H. Bindy K. Kang, Irene Lara, June Jordan, Karen Su, Katie Kaput, Layne Russell, Lindsey Campbell, Lisa Factora-Borchers, Loretta J. Ross, Mai'a Williams, Malkia A. Cyril, Mamas of Color Rising, Micaela Cadena, Noemi Martinez, Norma A. Marrun, Panquetzani, Rachel Broadwater, Sumayyah Talibah, Tara CC Villaba, Terri

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Niliasca, tk karakashian tunchez, Victoria Law, and Vivian Chin.

### **The Tale of Peter Rabbit**

From a dazzling array of well-known African American women, short fiction, poems, and personal essays that describe with warmth and humor their experiences as mothers and as daughters. A sparkling anthology devoted to exploring the lives of African American mothers, *Rise Up Singing* presents the stories and reflections of such beloved and respected artists, journalists, and authors as Alice Walker, Faith Ringgold, Marita Golden, Martha Southgate, Tananarive Due, Maya Angelou, Gwendolyn Brooks, Deborah Roberts, Rita Dove, and others. It features original and previously published writings, organized by editor Cecelie Berry by themes—mothering, work, family, children, community, and love—that illuminate the multiple roles of black mothers at home, in the neighborhood, and in the world as a whole. *Rise Up Singing* brings together the perspectives of women of different ages, backgrounds, and accomplishments. What shines through in their writings are the hopes shared by all mothers. As Marian Wright Edelman writes in the Foreword: “The mothers writing in this anthology speak in a range of voices. They are joyful, stressed, grateful, ambivalent, determined, disappointed, and, in bad ways and good, overwhelmed. But over and over again . . . we see mothers struggling with the push: striving to give their children their best and to make sure the world gives their children its best, hard as that fight may be.” From the Hardcover edition.

### **Babyfat**

Peter disobeys his mother by going into Mr. McGregor's garden and almost gets caught.

### **Mama, PhD**

China Martens started her pioneering mamazine *The Future Generation* in 1990. She was a young anarchist punk rock mother who didn't feel that the mamas in her community had enough support, so she began publishing articles on radical parenting in an age before the internet. This anthology of her zine was first distributed in 2007 and has been out of print. Covering 16 years, *The Future Generation* uses individual issues as chapters, focusing on personal writing, and retaining the character of a zine that changed over the years—from her daughter's birth to teenagehood and beyond. Though first published in the 1990s, many of the essays and observations—about parenting, children, and surviving in a hostile political climate—still ring true today. PM Press is proud to present a 10th-anniversary edition including a new afterword by China's grown daughter.

### **You Are a F\*cking Awesome Mom**

Washington Post Best Books of 2017 New York Times bestselling author Edan Lepucki's *Woman No. 17* is a “winning novel.” — New York Times Book Review High in the Hollywood Hills, writer Lady Daniels has decided to take a break from her husband. Left alone with her children, she's going to need a hand taking care of

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her young son if she's ever going to finish her memoir. In response to a Craigslist ad, S arrives, a magnetic young artist who will live in the secluded guest house out back, care for Lady's toddler, Devin, and keep a watchful eye on her older, teenage son, Seth. S performs her day job beautifully, quickly drawing the entire family into her orbit, and becoming a confidante for Lady. But in the heat of the summer, S's connection to Lady's older son takes a disturbing, and possibly destructive, turn. And as Lady and S move closer to one another, the glossy veneer of Lady's privileged life begins to crack, threatening to expose old secrets that she has been keeping from her family. Meanwhile, S is protecting secrets of her own, about her real motivation for taking the job. S and Lady are both playing a careful game, and every move they make endangers the things they hold most dear. Darkly comic, twisty and tense, this mesmerizing new novel defies expectation and proves Edan Lepucki to be one of the most talented and exciting voices of her generation.

### **Rooted in Nature**

Motherhood can be the toughest - and funniest - job you'll ever have. Raising kids is hard work, but humor can make the journey a little easier - even if you just have to laugh to keep from crying. In *The Motherhood Diaries 2*, National Bestselling Author, ReShonda Tate Billingsley, uses personal anecdotes from her zoo - formerly known as a family - to show how humor helps her navigate the minefield of motherhood. This laugh-out-loud read portrays the truths about motherhood that we are either too ashamed or too proud to admit. Through heartwarming and hilarious tales of motherhood, ReShonda and other mothers share their joys, pains, and everything in between. From Tia McCollors, who shows you how to pull life lessons from embarrassing moments; to Gina Johnson, whose circus puts Ringling Brothers to shame; to Janoah White, who learned to let laughter help her deal with a son who has autism; to Denise Leora Madre's hilarious story on how motherhood shattered her naiveté - there's something relatable for mothers from all walks of life. Then, stories from mothers like Naleighna Kai will show you how to find faith in the midst of motherhood; Nikki Woods, whose inspiring story will have you wanting to rethink your family legacy; and Regina Cooper, whose *Diary of a Mortified Mom* will have you double-checking those locks the next time you want to squeeze in quality time with your mate. In all, twenty-five mothers share stories that will help you accept the insanity of motherhood and learn to laugh about it in the process. Finding humor in the raw honesty of life as a mother is a survival mechanism for most of us, and these moms will help you see you're not alone in this refreshing, hilarious take on motherhood.

### **Woman No. 17**

In an era of mommy blogs, Pinterest, and Facebook, *The Good Mother Myth* dismantles the social media-fed notion of what it means to be a "good mother." This collection of essays takes a realistic look at motherhood and provides a platform for real voices and raw stories, each adding to the narrative of motherhood we don't tend to see in the headlines or on the news. From tales of mind-bending, panic-inducing overwhelm to a reflection on using weed instead of wine to deal with the terrible twos, the honesty of the essays creates a community of mothers who refuse to feel like they're in competition with others, or with the notion of the ideal mom—they're just trying to find a way to make it work. With a

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foreword by Christy Turlington Burns and a contributor list that includes Jessica Valenti, Sharon Lerner, Soraya Chemaly, Amber Dusick, and many more, this remarkable collection seeks to debunk the myth and offer honest perspectives on what it means to be a mother.

### **What My Mother and I Don't Talk About**

Compiled and edited by Roberta Cottam, this slender anthology aspires to encourage today's moms in their vocation of motherhood. From inspiring poetry to practical tips, essays that capture the small moments of motherhood and reflections on mothering in today's world, this anthology brings together a wealth of wisdom from five ordinary yet inspiring moms.

### **Shivering in a Paper Gown**

Who was your mother before she became a mother? In this remarkable collection, New York Times bestselling novelist Edan Lepucki gathers more than sixty original essays and favorite photographs to explore this question. The daughters in Mothers Before are writers and poets, artists and teachers, and the images and stories they share reveal the lives of women in ways that are vulnerable and true, sometimes funny, sometimes sad, and always moving. Contributors include: Brit Bennett Jennine Capó Crucet Jennifer Egan Angela Garbes Annabeth Gish Alison Roman Lisa See Danzy Senna Dana Spiotta Jia Tolentino

### **Miscarriage Matters to Mothers**

The death of a child is devastating blow to the heart of a parent. When that event occurs before birth, or shortly after, we are left blind-sighted by grief. We come together to share our stories of loss to remember, encourage and honor. YOU ARE NOT ALONE ON THIS PATH. In solidarity we band together with our stories. This book contains raw emotion, the truth told with passion and conviction. These are our stories shared to remember, inspire and validate miscarriage matters to mothers.

### **The Ultimate Mom**

Africa, Your righteous disorders Break my heart — Kabedoopong Piddo Ddibe'st, Uganda "This Anthology exposes both the sorry-state and unspoken nature of Africa, and Her people, in this recent time. A masterpiece that wakes up an African to have a conscious conscience." -Udekwe Chikadibia Enugu State, Nigeria As pollution and global warming threaten the balance of life on our planet, the beautiful continent of Africa is in crisis. In the wake of greedy corporations mining valuable natural resources, and through the exchange of rights to such resources, large regions of Africa are under a terrible reign of social injustice, with atrocities including ritualistic rape and murder, artificial war, induced famine and extreme political corruption. In an anthology created to illuminate these atrocities, twenty-one African poets share over one hundred poems that highlight the problems plaguing their homeland. Through poignant verse, these poets offer often shocking insight into a land known for its generosity of spirit and warmth of its people who

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bravely stand strong in the face of unthinkable tragedy.

### **The Motherhood Diaries 2**

This is a book about how our life experiences whether joyful or challenging have shaped us to be who we are today. The purpose of this piece of work is to capture the lives of everyday people , and to also reach out to those who feel that their story doesn't matter, when it does! We are all connected through story, and by sharing our stories, we are able to change lives.

### **The Spinning Heart**

### **The Future Generation**

Stories are the legacy we share, imprinted deep into our souls, of hardship and grace, tears and joy, laughter and loss. Stories passed from woman to woman, generation to generation, the stories of your mother, your grandmother, and all the women who walked before them. I honor each one of them. I bow to each tear shed, each sigh that escaped a weary heart, and to you, my sisters in legacy. We form a sisterhood of fierce love and wild ways. We are the healers, the keepers of the stories, the one solid in a foundation that is in constant shift. This book is a collection of these stories. Come and sit awhile.

### **Deliberate Motherhood**

Mothers are pulled in a million different directions while trying to give their kids fulfilling, productive, joyful childhoods. They mistake activity for happiness, and fill their kids' heads with information when they ought to be feeding their souls instead. This is a book for mothers who yearn to find a balance in their own and their children's lives. Through stories and suggestions, Katrina Kenison shares her insights into how to celebrate life's quiet moments, softly reminding busy mothers to pause and remember the deep sense of well-being that comes from a listening ear, an open heart, and a quiet little space carved out of time.

### **Everyday Sacrament**

A marvelous new anthology from the editors of *Las Mamas* in which our most admired Latino authors share memories of their mothers. The women lovingly portrayed in *Las Mamas* represent a cross section of Latino life and culture. They come from rich families in the big cities of Latin America, from rural immigrant families, and from the worlds in between-and they share an extraordinary inner strength, often maintained against incredible odds. Pressed by conflicting cultural expectations, circumstance, and religion, they have managed the challenges of motherhood, leaving enduring legacies for their children. Now, in these vivid, poignant, and sometimes hilarious reminiscences-all of them infused with distinct *sabor latino*-*Las Mamas* celebrates the universality of family love and the special bond between mothers and children. Contributors include: Esmeralda Santiago, Piri Thomas, Marjorie Agosin, Junot Diaz, Alba Ambert, Liz Balmaseda, Mandalit del

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Barco, Gioconda Belli, Maria Escandon, Dagoberto Gilb, Francisco Goldman, Jaime Manrique, Gustavo Perez-Firmat, Ilan Stavans From the Trade Paperback edition.

### **Joy, Interrupted**

An “affecting” portrait of a working-class community in contemporary rural Ireland that is “reminiscent of William Faulker’s *As I Lay Dying*” (The New York Times Book Review) In the aftermath of Ireland's financial collapse, dangerous tensions surface in an Irish town. As violence flares, the characters face a battle between public persona and inner desires. Through a chorus of unique voices, each struggling to tell their own kind of truth, a single authentic tale unfolds. *The Spinning Heart* speaks for contemporary Ireland like no other novel. Wry, vulnerable, all-too-human, it captures the language and spirit of rural Ireland and with uncanny perception articulates the words and thoughts of a generation. Technically daring and evocative of Patrick McCabe and J.M. Synge, this novel of small-town life is witty, dark and sweetly poignant. Donal Ryan's brilliantly realized debut announces a stunning new voice in fiction.

### **After The Flood**

Sweet, satisfying and calming, *Mom Candy* is the perfect pick-me-up gift for mothers of all ages. With 1,000 quotes, reflections, and insights *Mom Candy* gets at the heart of motherhood—from the anticipation of pregnancy and the arrival of a new baby, through the early years and the school days, to the lifelong bond that women have with their children. With thoughts from Hillary Clinton, Madeleine L'Engle, Michelle Obama, Kate Winslet, Reese Witherspoon, Erica Jong, Jodi Picoult, and many others. Being a mom has made me so tired. And so happy.— Tina Fey, actress, writer, and producer

### **Breathe, Mama, Breathe**

Life is about more than just surviving An unforgettable, inventive, and riveting epic saga about a mother, her daughter and their struggle to survive in a post-apocalyptic flooded world, which signals the arrival of an extraordinary new talent. 'An adventure rife with great peril and high emotional stakes, this postapocalyptic novel reads like a fast-paced screenplay: intense, visceral, and relentless.' Library Journal It's 2031, and the world has been utterly transformed. After years of rising floodwaters, all that's left is an archipelago of mountaintop colonies surrounded by a deep expanse of open water. Civilization as it once was is gone. Bands of pirates roam the waters, in search of goods and women to breed. Some join together to create a new kind of society, while others sail alone, barely surviving. Myra and her young daughter, Pearl, survive by fishing from their small boat, visiting small hamlets and towns on dry land to trade for supplies and information. The sole purpose of Myra's existence is to protect Pearl, while mourning the loss of her oldest daughter, Row, who was kidnapped during the last terrifying storm surge. For eight years Myra has searched for the girl that she knows, in her bones and her heart, still lives. In a violent confrontation with a stranger, Myra hears that Row was last seen in a far-off encampment of raiders on the coast of what used to be Greenland. Throwing aside her usual caution, she and Pearl embark on a perilous

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voyage into the icy northern seas to rescue her. A compulsively readable novel of dark despair and soaring hope, *After the Flood* is a magnificent, exhilarating, action-packed, and sometimes frightening odyssey laced with wonder - an affecting and wholly original saga, both redemptive and astonishing. 'The searing, often brutal story of a mother's terrifying quest to find her missing daughter in a post-apocalyptic world. Haunting and shocking.' Liv Constantine, bestselling author of *The Last Mrs. Parrish* '[A] brilliantly imagined novel about love and desperation, set in an astonishing new world utterly gripping' Karin Slaughter, international bestselling author of *The Last Widow* 'An intriguing and innovative woman-centered swashbuckling quest narrative' Publishers Weekly

### **Love Rebel**

The outstanding authors of *Deliberate Motherhood* have let the trials and hardships of motherhood mold them into better people. Whether the change includes learning patience when the two-year-old "paints" your walls with the black permanent marker, or forgiving a teenager who screams "I hate you," or loving more when that naughty child doesn't really deserve it, it's a change that refines us—or as the dictionary describes it, "removes impurities, makes something more effective or become more elegant." That is powerful! You may think that everything has been said about motherhood, but the delightful thing about *Deliberate Motherhood* is that every mother/author is one-of-a-kind. They each come from different backgrounds, have different parents, are married (or not) to different people, and certainly have "different" children. Each of the 12 "Powers" provided in this book is a crucial component to help you in your motherhood. And the best part is that you don't need to do it all at once. You can focus on one "power" a month, and over the course of a year, you'll see great changes in yourself and in your family. The mark of a great book is that it makes you think . . . and it helps you change . . . which in the case of this book, is an absolute guarantee!

### **Transitions of the Heart**

The arc of cancer's narrative is a long one. For some, the aftermath of cancer starts immediately upon being diagnosed. For others, it sneaks in, a shadow extending its reach. The book's authors have many stories to tell—stitching broken and scarred bodies back together, reconstructing identities, denying and confronting and accepting death. This anthology reveals the realities of life, through and with cancer, as the authors learn how to survive and in the process, how to live. The stories beg the reader to step into the space that cancer has razed, to consider what is most beloved and cherished, and to ask what the sum of one's life will be.

### **Rise Up Singing**

MY LITTLE RED BOOK is an anthology of stories about first periods, collected from women of all ages from around the world. The accounts range from light-hearted (the editor got hers while water skiing in a yellow bathing suit) to heart-stopping (a first period discovered just as one girl was about to be strip-searched by the Nazis).

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The contributors include well-known women writers (Meg Cabot, Erica Jong, Gloria Steinem, Cecily von Ziegesar), alongside today's teens. And while the authors differ in race, faith, or cultural background, their stories share a common bond: they are all accessible, deeply honest, and highly informative. Whatever a girl experiences or expects, she'll find stories that speak to her thoughts and feelings. Ultimately, MY LITTLE READ BOOK is more than a collection of stories. It is a call for a change in attitude, for a new way of seeing periods. In a time when the taboo around menstruation seems to be one of the few left standing, it makes a difficult subject easier to talk about, and helps girls feel proud instead of embarrassed or ashamed. By revealing what it feels like to undergo this experience first hand, and giving women the chance to explain their feelings in their own words, it aims to provide support, entertainment, and a starting point for discussion for mothers and daughters everywhere. It is a book every girl should have. Period.

### **On Being 40(ish)**

Written by contributors hailing from a variety of disciplines and viewpoints, the thirty-five essays in this anthology explore the continued inequality of the sexes in higher education and suggest changes that could make universities more family-friendly workplaces. Simultaneous.

### **Chicken soup for the soul**

A collection of stories by mothers of transgender and gender variant children.

### **The Magic of Motherhood**

Fifteen powerful women and writers you know and love—from the pages of The New Yorker, The New York Times, Vogue, Glamour, and The Atlantic—offer captivating, intimate, and candid explorations about what it's really like turning forty—and that the best is yet to come. The big 4-0. Like eighteen and twenty-one, this is a major and meaningful milestone our lives—especially for women. Turning forty is a poignant doorway between youth and what comes after; a crossroads to reflect on the roads taken and not, and the paths yet before you. The decade that follows is ripe for nostalgia, inspiration, wisdom, and personal growth. In this dazzling collection, fifteen writers explore this rich phase in essays that are profound, moving, and above all, brimming with joie de vivre. With a diverse array of voices—including Veronica Chambers, Meghan Daum, Kate Bolick, Taffy Brodesser-Akner, Sloane Crosley, KJ Dell'Antonia, Julie Klam, Jessica Lahey, Catherine Newman, Sujean Rim, Jena Schwartz, Sophronia Scott, Allison Winn Scotch, Lee Woodruff, and Jill Kargman—On Being 40(ish) offers a range of universal themes—friendship, independence, sex, beauty, aging, wisdom, and the passage of time. On Being 40(ish) reflects the hopes, fears, challenges, and opportunities of a generation. Beautifully designed, this is “a must read for anyone 40ish or beyond Like a pep talk from your big sister, favorite cousin, and wise best friend” (Joanna Goddard, Cup of Jo).

### **We Got This**

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Ultimate Mom is a moving collection of stories about the joys and hurdles of motherhood, laden with must-know advice from experts about all facets of motherhood--how to discover and polish an emerging parenting style; how to balance passion and hobbies with family; how be an effective mother-father team, and much more. Ultimate Mom offers readers: Practical, time-tested lessons from mothers about how to navigate smoothly through the ups-and-downs of motherhood More than 60 eye-catching photographs, featuring outstanding mothers and the milestones that span generations With insightful stories, practical ideas, sage advice, Ultimate Mom is a great gift book for the Mother's Day book launch.

### **Mothers Before**

Women from all over the country share their experiences and offer insights into what it is like not having children, and describe what factors helped shape their decision to remain childless

### **Game Changer Life, The Anthology: Extraordinary People Sharing Their Defining Moments That Changed The Game**

Denise Roy combines the hard-won wisdom of a parent with the insights of meditation to create a spiritual practice that goes to the heart of everyday life: mothering with mindfulness. Through anecdotes, reflections, and specific practices, this book invites mothers to wake up and embrace their lives, discovering that they are always standing on holy ground.

### **Mom Candy**

In this anthology of creative nonfiction, twenty-eight writers set out to discover what they know, and don't know, about the person they call Mother. Celebrated writers Samia Serageldin and Lee Smith have curated a diverse and insightful collection that challenges stereotypes about mothers and expands our notions of motherhood in the South. The mothers in these essays were shaped, for good and bad, by the economic and political crosswinds of their time. Whether their formative experience was the Great Depression or the upheavals of the 1970s, their lives reflected their era and influenced how they raised their children. The writers in Mothers and Strangers explore the reliability of memory, examine their family dynamics, and come to terms with the past. In addition to the editors, contributors include Belle Boggs, Marshall Chapman, Hal Crowther, Clyde Edgerton, Marianne Gingher, Jaki Shelton Green, Sally Greene, Stephanie Elizondo Griest, Jacquelyn Dowd Hall, Eldridge "Redge" Hanes, Lynden Harris, Randall Kenan, Phillip Lopate, Michael Malone, Frances Mayes, Jill McCorkle, Melody Moezzi, Elaine Neil Orr, Steven Petrow, Margaret Rich, Omid Safi, James Seay, Alan Shapiro, Bland Simpson, Sharon K. Swanson, and Daniel Wallace.

### **Beyond Motherhood**

A much-needed voice of encouragement for every woman who had a baby and lost her mind Sometimes, motherhood feels never-ending. A child is born, chaos

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ensues, and it seems like life will never return to normal. In *You Are a F\*cking Awesome Mom*, award-winning journalist and Instagram star Leslie Anne Bruce acknowledges that, yes, motherhood is a total mind f\*ck—but then she offers the self-empowerment lessons new mothers need to get through the psychic upheaval and emerge stronger than ever. After childbirth, a woman's body, her relationships, and her very sense of self are tested like never before. Bruce encourages readers to look past the sugarcoated truisms about the miracles of child-rearing in order to embrace the real joys of motherhood, spit-up stains and all. Loaded with unfettered support from a mom who has been through it all, *You Are a F\*cking Awesome Mom* offers a lifeline of encouragement, inspiration, and community for the new mama who got a baby, lost her mind, and desperately wants to find herself again.

### **Mothers and Strangers**

A “Mom Must-Read”—Parents A National Parenting Product Award (NAPPA) Winner  
Easy-to-follow practices that will help moms find quick, daily opportunities to reset and refocus with mindfulness  
Moms can feel as if they are sprinting through life, crashing onto the pillow at day's end only to start again the next morning. In *Breathe, Mama, Breathe*, psychotherapist Shonda Moralis outlines the benefits of daily meditation and shows moms how to do it—in just five minutes! Plus, she shares over 60 “mindful breaks” that will help moms tune into their own well-being (along with everyone else's): Eat a mindful breakfast—with no phone, TV, or newspaper! Cuddle your child and take three deep breaths together. Give yourself a mindful-mommy high five—because moms can use positive reinforcement, too. Every mom—whether caring for a new baby, an overscheduled grade-schooler, or an angsty teen—can become a mindful mama!

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