

How Doctors Think Jerome Groopman

Becoming a Doctor: From Student to Specialist,
Doctor-Writers Share Their Experiences
How Patients Think
How Doctors Think
Second Opinions
The Boy Who Could Run But Not Walk
Leonard Cohen on Leonard Cohen
Sway
The Laws of Medicine
Creatures of Will and Temper
Christian Thought to the Reformation
How Doctors Think
How Doctors Think
Every Patient Tells a Story
Better
Proper Doctoring
Is It All in Your Head?
Brain Surgeon
Ticker
Diagnosis
Superbugs
A Woman's Guide to Living with Heart Disease
In Shock
Seeing Patients
The Power of Agency
Josie's Story
The Hippocratic Myth
What Patients Say, What Doctors Hear
What Doctors Feel
Doctoring
How Patients Should Think
Origins
The Horse and Buggy
Doctor
Inside the Mind of A Physician
The Anatomy of Hope
Your Medical Mind
Overtreated
The Real Doctor
Will See You Shortly
Attending
Nothing But the Truth
The Measure of Our Days

Becoming a Doctor: From Student to Specialist, Doctor-Writers Share Their Experiences

Assessing the good and the bad in primary-care medicine, the author explains why primary care is unsuited to the needs of an aging population and shows how medical schools can better train doctors to keep their focus on patients. UP.

How Patients Think

A collection of more than fifty hard-to-crack medical quandaries, featuring the best of The New York Times Magazine's popular Diagnosis column—the inspiration for the upcoming Netflix original series “Lisa Sanders is a paragon of the modern medical detective storyteller.”—Atul Gawande, author of *Being Mortal* As a Yale School of Medicine physician, the New York Times bestselling author of *Every Patient Tells a Story*, and an inspiration and adviser for the hit Fox TV drama *House, M.D.*, Lisa Sanders has seen it all. And yet she is often confounded by the cases she describes in her column: unexpected collections of symptoms that she and other physicians struggle to diagnose. A twenty-eight-year-old man, vacationing in the Bahamas for his birthday, tries some barracuda for dinner. Hours later, he collapses on the dance floor with crippling stomach pains. A middle-aged woman returns to her doctor, after visiting two days earlier with a mild rash on the back of her hands. Now the rash has turned purple and has spread across her entire body in whiplike streaks. A young elephant trainer in a traveling circus, once head-butted by a rogue zebra, is suddenly beset with splitting headaches, as if someone were “slamming a door inside his head.” In each of these cases, the path to diagnosis—and treatment—is winding, sometimes frustratingly unclear. Dr. Sanders shows how making the right diagnosis requires expertise, painstaking procedure, and sometimes a little luck. Intricate, gripping, and full of twists and turns, *Diagnosis* puts readers in the doctor’s place. It lets them see what

Online Library How Doctors Think Jerome Groopman

doctors see, feel the uncertainty they feel—and experience the thrill when the puzzle is finally solved.

How Doctors Think

A Yale School of Medicine physician, columnist for "Diagnosis," and technical advisor for the television show *House* shares the experiences of doctors facing complex medical mysteries in order to illustrate the art and science of diagnosis. Reprint. A New York Times extended-list bestseller.

Second Opinions

Essential, required reading for doctors and patients alike: A Pulitzer Prize-winning author and one of the world's premiere cancer researchers reveals an urgent philosophy on the little-known principles that govern medicine—and how understanding these principles can empower us all. Over a decade ago, when Siddhartha Mukherjee was a young, exhausted, and isolated medical resident, he discovered a book that would forever change the way he understood the medical profession. The book, *The Youngest Science*, forced Dr. Mukherjee to ask himself an urgent, fundamental question: Is medicine a "science"? Sciences must have laws—statements of truth based on repeated experiments that describe some universal attribute of nature. But does medicine have laws like other sciences? Dr. Mukherjee has spent his career pondering this question—a question that would ultimately produce some of most serious thinking he would do around the tenets of his

Online Library How Doctors Think Jerome Groopman

discipline—culminating in *The Laws of Medicine*. In this important treatise, he investigates the most perplexing and illuminating cases of his career that ultimately led him to identify the three key principles that govern medicine. Brimming with fascinating historical details and modern medical wonders, this important book is a fascinating glimpse into the struggles and Eureka! moments that people outside of the medical profession rarely see. Written with Dr. Mukherjee's signature eloquence and passionate prose, *The Laws of Medicine* is a critical read, not just for those in the medical profession, but for everyone who is moved to better understand how their health and well-being is being treated. Ultimately, this book lays the groundwork for a new way of understanding medicine, now and into the future.

The Boy Who Could Run But Not Walk

The “wrenching but inspiring” true story of a tragic medical mistake that turned a grieving mother into a national advocate (*The Wall Street Journal*). Sorrel King was a young mother of four when her eighteen-month-old daughter was badly burned by a faulty water heater in the family's new home. Taken to the world-renowned Johns Hopkins Hospital, Josie made a remarkable recovery. But as she was preparing to leave, the hospital's system of communication broke down and Josie was given a fatal shot of methadone, sending her into cardiac arrest. Within forty-eight hours, the King family went from planning a homecoming to planning a funeral. Dizzy with grief, falling into deep depression, and close to ending her

Online Library How Doctors Think Jerome Groopman

marriage, Sorrel slowly pulled herself and her life back together. Accepting Hopkins' settlement, she and her husband established the Josie King Foundation. They began to implement basic programs in hospitals emphasizing communication between patients, family, and medical staff—programs like Family-Activated Rapid Response Teams, which are now in place in hospitals around the country. Today Sorrel and the work of the foundation have had a tremendous impact on health-care providers, making medical care safer for all of us, and earning Sorrel a well-deserved reputation as one of the leading voices in patient safety. “I cried . . . I cheered” at this account of one woman's unlikely path from full-time mom to nationally renowned patient advocate (Ann Hood). “Part indictment, part celebration, part catharsis” *Josie's Story* is the startling, moving, and inspirational chronicle of how a mother—and her unforgettable daughter—are transforming the face of American medicine (Richmond Times-Dispatch).

Leonard Cohen on Leonard Cohen

A neurologist's insightful and compassionate look into the misunderstood world of psychosomatic disorders, told through individual case histories It's happened to all of us: our cheeks flush red when we say the wrong thing, or our hearts skip a beat when a certain someone walks by. But few of us realize how much more dramatic and extreme our bodies' reactions to emotions can be. Many people who see their doctor have medically unexplained symptoms, and in the vast majority of these cases, a psychosomatic cause

Online Library How Doctors Think Jerome Groopman

is suspected. And yet, the diagnosis of a psychosomatic disorder can make a patient feel dismissed as a hypochondriac, a faker, or just plain crazy. In *IS IT ALL IN YOUR HEAD?* neurologist Suzanne O'Sullivan, MD, takes us on a journey through the world of psychosomatic illness, where we meet patients such as Rachel, a promising young dancer now housebound by chronic fatigue syndrome, and Mary, whose memory loss may be her mind's way of protecting her from remembering her husband's abuse. O'Sullivan reveals the hidden stresses behind their mysterious symptoms, approaching a sensitive topic with patience and understanding. She addresses the taboos surrounding psychosomatic disorders, teaching us that "it's all in your head" doesn't mean that something isn't real, as the body is often the stand-in for the mind when the latter doesn't possess the tools to put words to its sorrow. She encourages us to look with compassion at the ways in which our brains act out, and to question our failure to credit the intimate connection between mind and body.

Sway

On average, a physician will interrupt a patient describing her symptoms within eighteen seconds. In that short time, many doctors decide on the likely diagnosis and best treatment. Often, decisions made this way are correct, but at crucial moments they can also be wrong—with catastrophic consequences. In this myth-shattering book, Jerome Groopman pinpoints the forces and thought processes behind the decisions doctors make. Groopman explores why

Online Library How Doctors Think Jerome Groopman

doctors err and shows when and how they can—with our help—avoid snap judgments, embrace uncertainty, communicate effectively, and deploy other skills that can profoundly impact our health. This book is the first to describe in detail the warning signs of erroneous medical thinking and reveal how new technologies may actually hinder accurate diagnoses. *How Doctors Think* offers direct, intelligent questions patients can ask their doctors to help them get back on track. Groopman draws on a wealth of research, extensive interviews with some of the country's best doctors, and his own experiences as a doctor and as a patient. He has learned many of the lessons in this book the hard way, from his own mistakes and from errors his doctors made in treating his own debilitating medical problems. *How Doctors Think* reveals a profound new view of twenty-first-century medical practice, giving doctors and patients the vital information they need to make better judgments together.

The Laws of Medicine

A fascinating journey into the hidden psychological influences that derail our decision-making, *Sway* will change the way you think about the way you think. Why is it so difficult to sell a plummeting stock or end a doomed relationship? Why do we listen to advice just because it came from someone “important”? Why are we more likely to fall in love when there's danger involved? In *Sway*, renowned organizational thinker Ori Brafman and his brother, psychologist Rom Brafman, answer all these questions and more.

Online Library How Doctors Think Jerome Groopman

Drawing on cutting-edge research from the fields of social psychology, behavioral economics, and organizational behavior, Sway reveals dynamic forces that influence every aspect of our personal and business lives, including loss aversion (our tendency to go to great lengths to avoid perceived losses), the diagnosis bias (our inability to reevaluate our initial diagnosis of a person or situation), and the “chameleon effect” (our tendency to take on characteristics that have been arbitrarily assigned to us). Sway introduces us to the Harvard Business School professor who got his students to pay \$204 for a \$20 bill, the head of airline safety whose disregard for his years of training led to the transformation of an entire industry, and the football coach who turned conventional strategy on its head to lead his team to victory. We also learn the curse of the NBA draft, discover why interviews are a terrible way to gauge future job performance, and go inside a session with the Supreme Court to see how the world’s most powerful justices avoid the dangers of group dynamics. Every once in a while, a book comes along that not only challenges our views of the world but changes the way we think. In Sway, Ori and Rom Brafman not only uncover rational explanations for a wide variety of irrational behaviors but also point readers toward ways to avoid succumbing to their pull.

Creatures of Will and Temper

With his “deeply informed and compassionate book...Dr. Epstein tells us that it is a ‘moral

Online Library How Doctors Think Jerome Groopman

imperative' [for doctors] to do right by their patients" (New York Journal of Books). The first book for the general public about the importance of mindfulness in medical practice, *Attending* is a groundbreaking, intimate exploration of how doctors approach their work with patients. From his early days as a Harvard Medical School student, Epstein saw what made good doctors great—more accurate diagnoses, fewer errors, and stronger connections with their patients. This made a lasting impression on him and set the stage for his life's work—identifying the qualities and habits that distinguish master clinicians from those who are merely competent. The secret, he learned, was mindfulness. Dr. Epstein "shows how taking time to pay attention to patients can lead to better outcomes on both sides of the stethoscope" (Publishers Weekly). Drawing on his clinical experiences and current research, Dr. Epstein explores four foundations of mindfulness—Attention, Curiosity, Beginner's Mind, and Presence—and shows how clinicians can grow their capacity to provide high-quality care. The commodification of health care has shifted doctors' focus away from the healing of patients to the bottom line. Clinician burnout is at an all-time high. *Attending* is the antidote. With compassion and intelligence, Epstein offers "a concise guide to his view of what mindfulness is, its value, and how it is a skill that anyone can work to acquire" (Library Journal).

Christian Thought to the Reformation

Our health care is staggeringly expensive, yet one in

Online Library How Doctors Think Jerome Groopman

six Americans has no health insurance. We have some of the most skilled physicians in the world, yet one hundred thousand patients die each year from medical errors. In this gripping, eye-opening book, award-winning journalist Shannon Brownlee takes readers inside the hospital to dismantle some of our most venerated myths about American medicine. Brownlee dissects what she calls "the medical-industrial complex" and lays bare the backward economic incentives embedded in our system, revealing a stunning portrait of the care we now receive. Nevertheless, *Overtreated* ultimately conveys a message of hope by reframing the debate over health care reform. It offers a way to control costs and cover the uninsured, while simultaneously improving the quality of American medicine. Shannon Brownlee's humane, intelligent, and penetrating analysis empowers readers to avoid the perils of overtreatment, as well as pointing the way to better health care for everyone.

How Doctors Think

Swartz shows just how hard it can be to replicate nature's greatest creation-- a human heart. Part investigative journalism, part medical mystery, she covers fifty years of false starts, abysmal failures, and miraculous triumphs, as experienced by one of the world's foremost heart surgeons, O.H. "Bud" Frazier. At the Texas Heart Institute, the roadblocks to success-- medical setbacks, technological shortcomings, government regulations-- are immense. Swartz follows the history of heart surgery, the first

Online Library How Doctors Think Jerome Groopman

heart transplant, and the artificial heart while following Frazier's quixotic quest. -- adapted from publisher info.

How Doctors Think

A physician recounts his experiences with the dying and details how different people react to a diagnosis of terminal illness

Every Patient Tells a Story

Can refocusing conversations between doctors and their patients lead to better health? Despite modern medicine's infatuation with high-tech gadgetry, the single most powerful diagnostic tool is the doctor-patient conversation, which can uncover the lion's share of illnesses. However, what patients say and what doctors hear are often two vastly different things. Patients, anxious to convey their symptoms, feel an urgency to "make their case" to their doctors. Doctors, under pressure to be efficient, multitask while patients speak and often miss the key elements. Add in stereotypes, unconscious bias, conflicting agendas, and fear of lawsuits and the risk of misdiagnosis and medical errors multiplies dangerously. Though the gulf between what patients say and what doctors hear is often wide, Dr. Danielle Ofri proves that it doesn't have to be. Through the powerfully resonant human stories that Dr. Ofri's writing is renowned for, she explores the high-stakes world of doctor-patient communication that we all must navigate. Reporting on the latest research

Online Library How Doctors Think Jerome Groopman

studies and interviewing scholars, doctors, and patients, Dr. Ofri reveals how better communication can lead to better health for all of us.

Better

Ninth-grader Philip Malloy's suspension for humming "The Star-Spangled Banner" during homeroom becomes a national news story.

Proper Doctoring

A look at the emotional side of medicine—the shame, fear, anger, anxiety, empathy, and even love that affect patient care. Physicians are assumed to be objective, rational beings, easily able to detach as they guide patients and families through some of life's most challenging moments. But doctors' emotional responses to the life-and-death dramas of everyday practice have a profound impact on medical care. And while much has been written about the minds and methods of the medical professionals who save our lives, precious little has been said about their emotions. In *What Doctors Feel*, Dr. Danielle Ofri has taken on the task of dissecting the hidden emotional responses of doctors, and how these directly influence patients. How do the stresses of medical life—from paperwork to grueling hours to lawsuits to facing death—affect the medical care that doctors can offer their patients? Digging deep into the lives of doctors, Ofri examines the daunting range of emotions—shame, anger, empathy, frustration, hope, pride, occasionally despair, and sometimes even

Online Library How Doctors Think Jerome Groopman

love—that permeate the contemporary doctor-patient connection. Drawing on scientific studies, including some surprising research, Dr. Danielle Ofri offers up an unflinching look at the impact of emotions on health care. With her renowned eye for dramatic detail, Dr. Ofri takes us into the swirling heart of patient care, telling stories of caregivers caught up and occasionally torn down by the whirlwind life of doctoring. She admits to the humiliation of an error that nearly killed one of her patients and her forever fear of making another. She mourns when a beloved patient is denied a heart transplant. She tells the riveting stories of an intern traumatized when she is forced to let a newborn die in her arms, and of a doctor whose daily glass of wine to handle the frustrations of the ER escalates into a destructive addiction. But doctors don't only feel fear, grief, and frustration. Ofri also reveals that doctors tell bad jokes about "toxic sock syndrome," cope through gallows humor, find hope in impossible situations, and surrender to ecstatic happiness when they triumph over illness. The stories here reveal the undeniable truth that emotions have a distinct effect on how doctors care for their patients. For both clinicians and patients, understanding what doctors feel can make all the difference in giving and getting the best medical care.

Is It All in Your Head?

Are physicians a mystery? To many of us, yes. Physicians perform one of the most valuable personal services in the world. They care for our bodies in the

Online Library How Doctors Think Jerome Groopman

most intimate of ways. We place our lives in their hands and trust they have our best interest at heart. But how much do we really know of physicians and their inner world? Relatively little. The environment for practicing medicine has changed dramatically over the past few decades. The commoditizing of physicians and their work frequently causes a dehumanization of the doctor and the doctor/patient relationship not to mention the connections between physicians and other staff. Due to the training, practice culture, constraints, liabilities, and pressures placed on physicians today, they often cannot practice the kind of personalized, relationship-enhancing medicine that would benefit both patient and caregiver. In this monograph Dr. Herdley Paolini does a great service by opening the inner world of physicians and helping us understand them, how to relate to them, and how to best support them in their critical role in healthcare. Her insights will be of great value to everyone from hospital administrators and clinical staff, to insurance providers, government agencies, and anyone who interacts with physicians. The Florida Hospital Healthcare & Leadership Monograph Series is an innovative teaching and learning tool from the largest admitting hospital in America. Monographs in this series provide focused, relevant training to individuals and organizations on a wide variety of healthcare and leadership topics. Ideal for healthcare professionals, leadership innovators, researchers, teachers, students, and other pioneering professionals each volume provides the latest information and break-through thinking on the subject in a clear, concise, readable form.

Brain Surgeon

Defines the nature and importance of clinical judgement. Although physicians make use of science, this book argues that medicine is not itself a science, but rather an interpretive practice that relies on clinical reasoning. It also contends that there can be adverse side effects to assuming that medicine is strictly science.

Ticker

"A powerful and extraordinarily important book."

--James P. Comer, MD "A marvelous personal journey that illuminates what it means to care for people of all races, religions, and cultures. The story of this man becomes the aspiration of all those who seek to minister not only to the body but also to the soul."

--Jerome Groopman, MD, author of *How Doctors Think*
Growing up in Jim Crow-era Tennessee and training and teaching in overwhelmingly white medical institutions, Gus White witnessed firsthand how prejudice works in the world of medicine. While race relations have changed dramatically since then, old ways of thinking die hard. In this blend of memoir and manifesto, Dr. White draws on his experience as a resident at Stanford Medical School, a combat surgeon in Vietnam, and head orthopedic surgeon at one of Harvard's top teaching hospitals to make sense of the unconscious bias that riddles medical care, and to explore how we can do better in a diverse twenty-first-century America. "Gus White is many things--trailblazing physician, gifted surgeon, and

Online Library How Doctors Think Jerome Groopman

freedom fighter. Seeing Patients demonstrates to the world what many of us already knew--that he is also a compelling storyteller. This powerful memoir weaves personal experience and scientific research to reveal how the enduring legacy of social inequality shapes America's medical field. For medical practitioners and patients alike, Dr. White offers both diagnosis and prescription." --Jonathan L. Walton, Plummer Professor of Christian Morals, Harvard University "A tour de force--a compelling story about race, health, and conquering inequality in medical careDr. White has a uniquely perceptive lens with which to see and understand unconscious bias in health careHis journey is so absorbing that you will not be able to put this book down." --Charles J. Ogletree, Jr., author of All Deliberate Speed

Diagnosis

How Patients Think is a refreshing look at the heart of healthcare--the patient. Dr. LaFountain discusses how improvements in health and wealth are constrained by outdated approaches to patient management. She presents a scientific basis for understanding the complexities of patient decision-making regarding one of the most crippling problems facing the healthcare industry today--patient disengagement. Dr. LaFountain argues that a radical change in how we approach patient and population management is in order if we are to see measurable impact on outcomes or costs of care. She provides a thorough review of how patient engagement can be approached using a scientific platform and presents

Online Library How Doctors Think Jerome Groopman

case examples in diabetes, oncology and ADHD. Tools and techniques for developing evidence-based strategies are also provided.

Superbugs

Paul presents an in-depth examination of how personalities are formed by biological, social, and emotional factors.

A Woman's Guide to Living with Heart Disease

Explores the diverse ways in which hope and other positive emotions influence the healing process, drawing on real-life experiences to analyze the biology of hope, as well as its benefits and limits.

In Shock

From the godfather of creative nonfiction comes a fresh and poignant collection of essays from doctors who grapple with the personal, ethical, and emotional demands of healing others as they journey from student to resident and beyond. A range of distinguished physicians and therapists are featured here, including Kay Redfield Jamison, Abigail Zugar (NYT Science Section), Peter Cramer, Robert Coles, Lauren Slater, Sandeep Jauhar, and Perri Klass, among others. Becoming a Doctor doesn't just focus on one period of training but instead portrays the broad arc of a doctor's development, from a medical student's first traumatic encounter with a cadaver and

Online Library How Doctors Think Jerome Groopman

her realization that the experience's redemption will lie ahead in lives saved, to a resident's search for aesthetic beauty during her grueling year in an inner-city hospital and an older doctor's profound ruminations on what it means to really listen to a patient's story.

Seeing Patients

'An honest and objective self-record that puts on paper one of the most beloved traditions of the past and shows that the fundamental virtues for which the country doctor was cherished have survived into the scientific present, while many not-so-good aspects of sentimental old days have fortunately been left behind.'---Books

The Power of Agency

Welcome to tiger country: the treacherous territory where a single wrong move by a brain surgeon can devastate-or end-a patient's life. This is the terrain world-renowned neurosurgeon Keith Black, MD, enters every day to produce virtual medical miracles. Now, in BRAIN SURGEON, Dr. Black invites readers to shadow his breathtaking journeys into the brain as he battles some of the deadliest and most feared tumors known to medical science. Along the way, he shares his unique insights about the inner workings of the brain, his unwavering optimism for the future of medicine, and the extraordinary stories of his patients-from ministers and rock stars to wealthy entrepreneurs and uninsured students-whom he

Online Library How Doctors Think Jerome Groopman

celebrates as the real heroes. BRAIN SURGEON offers a window into one man's remarkable mind, revealing the anatomy of the unflinching confidence of this master surgeon, whose personal journey brought him from life as a young African-American boy growing up in the civil rights era South to the elite world of neurosurgery. Through Dr. Black's white-knuckle descriptions of some of the most astonishing medical procedures performed today, he reveals the beauty and marvel of the human brain and the strength and heroism of his patients who refuse to see themselves as victims. Ultimately, BRAIN SURGEON is an inspiring story of the struggle to overcome odds-whether as a man, a doctor, or a patient. PRAISE FOR BRAIN SURGEON "An inspirational book about true heroes - readers will marvel at Keith Black's achievements both as a doctor and as a man, and will be in awe of his patients' courage and will to survive." --Denzel Washington "A rare, behind-the-curtain look at the life of one of the most pre-eminent neurosurgeons in the world." --Sanjay Gupta, MD, Chief Medical Correspondent, CNN

Josie's Story

Explores the art and science of the decision-making process amid the complexities of contemporary medicine and describes how such factors as the realities of medical politics and patient intuition play a key role in critical medical decisions. Reprint.

The Hippocratic Myth

Online Library How Doctors Think Jerome Groopman

Introducing *The Power of Agency*, a science-backed approach to living life on your own terms. Agency is the ability to act as an effective agent for yourself—reflecting, making creative choices, and constructing a meaningful life. Grounded in extensive psychological research, *The Power of Agency* gives you the tools to help alleviate anxiety, manage competing demands and help you live your version of success. Renowned psychology experts Paul Napper and Anthony Rao will help you break through your state of overwhelm by showing you how to access your personal agency with seven empowering principles: control stimuli, associate selectively, move, position yourself as a learner, manage your emotions and beliefs, check your intuition, deliberate and then act. Featuring stories of people who have successfully applied these principles to improve their lives, *The Power of Agency* will give you the insights and skills to build your confidence, conquer challenges, and live more authentically.

What Patients Say, What Doctors Hear

A riveting first-hand account of a physician who's suddenly a dying patient, *In Shock* "searches for a glimmer of hope in life's darkest moments, and finds it." —The Washington Post Dr. Rana Awdish never imagined that an emergency trip to the hospital would result in hemorrhaging nearly all of her blood volume and losing her unborn first child. But after her first visit, Dr. Awdish spent months fighting for her life, enduring consecutive major surgeries and experiencing multiple overlapping organ failures. At

Online Library How Doctors Think Jerome Groopman

each step of the recovery process, Awdish was faced with something even more unexpected: repeated cavalier behavior from her fellow physicians—indifference following human loss, disregard for anguish and suffering, and an exacting emotional distance. Hauntingly perceptive and beautifully written, *In Shock* allows the reader to transform alongside Awdish and watch what she discovers in our carefully-cultivated, yet often misguided, standard of care. Awdish comes to understand the fatal flaws in her profession and in her own past actions as a physician while achieving, through unflinching presence, a crystalline vision of a new and better possibility for us all. As Dr. Awdish finds herself up against the same self-protective partitions she was trained to construct as a medical student and physician, she artfully illuminates the dysfunction of disconnection. Shatteringly personal, and yet wholly universal, she offers a brave road map for anyone navigating illness while presenting physicians with a new paradigm and rationale for embracing the emotional bond between doctor and patient.

What Doctors Feel

“A delightful, dark, and entertaining romp . . . Molly Tanzer is at the top of her form in this beautifully constructed novel.”—Jeff VanderMeer, best-selling author of the *Southern Reach* trilogy
Victorian London is a place of fluid social roles, vibrant arts culture, fin-de-siècle wonders . . . and dangerous underground diabolic cults. Fencer Evadne Gray cares for none of

Online Library How Doctors Think Jerome Groopman

the former and knows nothing of the latter when she's sent to London to chaperone her younger sister, aspiring art critic Dorina. At loose ends after Dorina becomes enamored with their uncle's friend, Lady Henrietta "Henry" Wotton, a local aristocrat and aesthete, Evadne enrolls in a fencing school. There, she meets George Cantrell, an experienced fencing master like she's always dreamed of studying under. But soon, George shows her something more than fancy footwork—he reveals to Evadne a secret, hidden world of devilish demons and their obedient servants. George has dedicated himself to eradicating demons and diabolists alike, and now he needs Evadne's help. But as she learns more, Evadne begins to believe that Lady Henry might actually be a diabolist . . . and even worse, she suspects Dorina might have become one too. Combining swordplay, the supernatural, and Victorian high society, *Creatures of Will and Temper* reveals a familiar but strange London in a riff on Oscar Wilde's *The Picture of Dorian Gray* that readers won't soon forget. "An artful, witty, Oscar Wilde pastiche with the heart of a paranormal thriller."—Diana Gabaldon, best-selling author of *Outlander*

Doctoring

After his professional baseball career failed to launch, Matt McCarthy went to Harvard Medical School and onto a coveted residency slot in New York. But when he almost lost a patient on his first day after making what he believed to be a terrible error, he found himself facing the harsh reality of a new doctor's

Online Library How Doctors Think Jerome Groopman

life--one in which even overachievers find themselves humbled, and in which med school training has little to offer in navigating the emotional roller-coaster of dealing with actual patients. Luckily for McCarthy, his second-year-resident adviser (whom he calls "Baio," owing to a resemblance to Charles in Charge-era Scott Baio) was an offbeat genius with a knack for breaking down the complicated process of treating patients. But neither doctor could offer much help to a patient named Barney, who had been living in the hospital while waiting for a new heart, and with whom McCarthy slowly befriended over the course of the year in ways that changed his perception of what it means to be a physician. Mixing the tense drama of ER with the screwball humor of Scrubs, McCarthy offers a window into hospital life that dispenses with sanctimony and self-seriousness while emphasizing the black-comic paradox of becoming a doctor- How do you learn how to save lives in a job where there is no practice? This One L for doctors will inspire and entertain physicians and patients alike.

How Patients Should Think

The New York Times bestselling author of *Complications* examines, in riveting accounts of medical failure and triumph, how success is achieved in a complex and risk-filled profession The struggle to perform well is universal: each one of us faces fatigue, limited resources, and imperfect abilities in whatever we do. But nowhere is this drive to do better more important than in medicine, where lives are on the line with every decision. In his new book, Atul

Online Library How Doctors Think Jerome Groopman

Gawande explores how doctors strive to close the gap between best intentions and best performance in the face of obstacles that sometimes seem insurmountable. Gawande's gripping stories of diligence, ingenuity, and what it means to do right by people take us to battlefield surgical tents in Iraq, to labor and delivery rooms in Boston, to a polio outbreak in India, and to malpractice courtrooms around the country. He discusses the ethical dilemmas of doctors' participation in lethal injections, examines the influence of money on modern medicine, and recounts the astoundingly contentious history of hand washing. And as in all his writing, Gawande gives us an inside look at his own life as a practicing surgeon, offering a searingly honest firsthand account of work in a field where mistakes are both unavoidable and unthinkable. At once unflinching and compassionate, *Better* is an exhilarating journey narrated by "arguably the best nonfiction doctor-writer around" (Salon). Gawande's investigation into medical professionals and how they progress from merely good to great provides rare insight into the elements of success, illuminating every area of human endeavor.

Origins

The Horse and Buggy Doctor

In the heat of the moment, it is difficult to know what to ask our doctor so that we can reach the best possible solution or treatment. How can a doctor

Online Library How Doctors Think Jerome Groopman

know to go through a list of risks, treatments and alternatives if the patient does not ask? This list of ten open-ended questions can help every type of patient get some control over the decisions that affect their help. Covering everything from tests to drugs to lifestyle issues, any or all of these ten questions can guide you to better decisions whether you've been told you have high cholesterol, your child has an ear infection, or that you need a CAT scan.

Inside the Mind of A Physician

“A treasure trove for Leonard Cohen fans—the dazzling, wide-ranging collection of interviews that Jeff Burger has unearthed not only offers the songwriter’s story in his own words but reveals that Cohen’s language in conversation can be every bit as magnificent as his lyrics.” —Alan Light, author of *The Holy or the Broken* This book collects more than fifty interviews with Leonard Cohen, one of the most admired performers of the last half century, conducted worldwide between 1966 and 2012, and also includes a foreword by singer Suzanne Vega and eight pages of rarely seen photos. In it, the artist talks about “Bird on the Wire,” “Hallelujah,” “Famous Blue Raincoat,” and his other classic songs. He candidly discusses his famous romances, his years in a Zen monastery, his ill-fated collaboration with producer Phil Spector, and his long battle with depression. He also comments on his sometimes controversial poetry and novels, the financial crisis that nearly wiped out his savings, and his remarkable late-career resurgence. Here you’ll find interviews that first

Online Library How Doctors Think Jerome Groopman

appeared in the New York Times and Rolling Stone, but also conversations that have not previously been printed in English, as well as many illuminating reminiscences that contributors supplied specifically for this definitive anthology. Jeff Burger is the editor of Springsteen on Springsteen. He has contributed to Barron's, Family Circle, GQ, the Los Angeles Times, Reader's Digest, and more than seventy-five other magazines, newspapers, and books. He lives in Ridgewood, New Jersey.

The Anatomy of Hope

In this groundbreaking book, Dr. Karen Pape tells the story of how some children with early brain damage astounded everyone around them. The brain injury they suffered at or near birth had led to motor problems such as the awkward gait we associate with cerebral palsy. Yet they were able to run, kick a soccer ball, tap dance, and play tennis. This was not supposed to happen. It ran counter to the prevailing belief that the brain is hardwired and fixed. When Dr. Pape first shared her remarkable findings, she ran into fierce opposition from mainstream medicine. Yet this courageous neonatologist didn't back down. In her clinical practice, Pape helped many young brain-damaged children to significantly improve their movement. It led her to ask why some of them could run but not walk with the same ease. Her answer was astounding: By the time they learned to run, their brains had healed. The awkward walking gait was actually a bad habit acquired while the brain was still damaged. This is the power and the beauty of

Online Library How Doctors Think Jerome Groopman

neuroplasticity, the brain's amazing ability to change and heal. It has revolutionized the treatment of adults who suffer stroke. Now, for the first time, this remarkable book shows that children with a brain injury at or near birth can get better, too. These stories of children's recovery and improvements are a revelation surprising, inspiring, and illuminating. They offer real hope for some of the world's most vulnerable children and a better understanding of how the baby brain grows and recovers."

Your Medical Mind

When we're ill, we trust in doctors to put our well-being first. But medicine's expanding capability and soaring costs are putting this promise at risk. Increasingly, society is calling upon physicians to limit care and to use their skills on behalf of health plan bureaucrats, public officials, national security, and courts of law. And doctors are answering this call. They're endangering patients, veiling moral choices behind the language of science and, at times, compromising our liberties. In *The Hippocratic Myth*, Dr. M. Gregg Bloche marshals his expertise in medicine and the law to expose how: *Doctors are pushed into acting both as caregivers and cost-cutters, compromising their fidelity to patients *Politics keeps doctors from giving war veterans the help they need *Insurers and hospital administrators pressure doctors to discontinue life-saving treatment, even when patients and family members object *Medicine has become a weapon in America's battles over abortion, child custody, criminal responsibility,

Online Library How Doctors Think Jerome Groopman

and the rights of gays and lesbians *The war on terror has exploited clinical psychology to inflict harm Challenging, provocative, and insightful, *The Hippocratic Myth* breaks the code of silence and issues a powerful warning about the need for doctors to forge a new compact with patients and society.

Overtreated

“People come to us for help. They come for health and strength.” With these simple words David Mendel begins *Proper Doctoring*, a book about what it means (and takes) to be a good doctor, and for that reason very much a book for patients as well as doctors—which is to say a book for everyone. In crisp, clear prose, he introduces readers to the craft of medicine and shows how to practice it. Discussing matters ranging from the most basic—how doctors should dress and how they should speak to patients—to the taking of medical histories, the etiquette of examinations, and the difficulties of diagnosis, Mendel moves on to consider how the doctor can best serve patients who suffer from prolonged illness or face death. Throughout he keeps in sight the fundamental moral fact that the relationship between doctor and patient is a human one before it is a professional one. As he writes with characteristic concision, “The trained and experienced doctor puts himself, or his nearest and dearest, in the patient’s position, and asks himself what he would do if he were advising himself or his family. No other advice is acceptable; no other is justifiable.” *Proper Doctoring* is a book that is

Online Library How Doctors Think Jerome Groopman

admirably direct, as well as wise, witty, deeply humane, and, frankly, indispensable.

The Real Doctor Will See You Shortly

Offers advice on making medical decisions in spite of confusing and conflicting information, and provides insight into the beliefs influencing how choices are made while citing the marketing practices that complicate the process.

Attending

"Soon after she recovered from a major heart attack, public relations specialist Carolyn Thomas turned her talents to learning and blogging about heart disease in women--and, now, to writing a book based on her extensive knowledge of heart disease in women and her own experience and the experiences of other women with the disease. Her more than 600 Heart Sisters blog posts have attracted 5 million+ views from readers in 190 countries. Several of the posts have been re-published internationally, including in the British Medical Journal. She has been an invited participant at Mayo Clinic's medical conference on women's heart disease, and her story has been picked up by WSJ, NPR, CBS TV and radio, among other places. This evidence-based book combines the personal, emotional, and medical to create an engaging and timely view of women's heart health and disease"--

Nothing But the Truth

Online Library How Doctors Think Jerome Groopman

Antibiotics are powerful drugs that can prevent and treat infections, but they are becoming less effective as a result of drug resistance. Resistance develops because the bacteria that antibiotics target can evolve ways to defend themselves against these drugs. When antibiotics fail, there is very little else to prevent an infection from spreading. Unnecessary use of antibiotics in both humans and animals accelerates the evolution of drug-resistant bacteria, with potentially catastrophic personal and global consequences. Our best defenses against infectious disease could cease to work, surgical procedures would become deadly, and we might return to a world where even small cuts are life-threatening. The problem of drug resistance already kills over one million people across the world every year and has huge economic costs. Without action, this problem will become significantly worse. Following from their work on the Review on Antimicrobial Resistance, William Hall, Anthony McDonnell, and Jim O'Neill outline the major systematic failures that have led to this growing crisis. They also provide a set of solutions to tackle these global issues that governments, industry, and public health specialists can adopt. In addition to personal behavioral modifications, such as better handwashing regimens, Superbugs argues for mounting an offense against this threat through agricultural policy changes, an industrial research stimulus, and other broad-scale economic and social incentives.

The Measure of Our Days

Online Library How Doctors Think Jerome Groopman

On average, a physician will interrupt a patient describing her symptoms within eighteen seconds. In that short time, many doctors decide on the likely diagnosis and best treatment. Often, decisions made this way are correct, but at crucial moments they can also be wrong with catastrophic consequences. In this myth-shattering book, Jerome Groopman pinpoints the forces and thought processes behind the decisions doctors make. Groopman explores why doctors err and shows when and how they can with our help avoid snap judgments, embrace uncertainty, communicate effectively, and deploy other skills that can profoundly impact our health. This book is the first to describe in detail the warning signs of erroneous medical thinking and reveal how new technologies may actually hinder accurate diagnoses. How Doctors Think offers direct, intelligent questions patients can ask their doctors to help them get back on track. Groopman draws on a wealth of research, extensive interviews with some of the country's best doctors, and his own experience as a doctor and as a patient. He has learned many of the lessons in this book the hard way, from his own mistakes and from errors his doctors made in treating his debilitating medical problems. How Doctors Think reveals a profound new view of twenty-first-century medical practice, giving doctors and patients the vital information they need to make better judgments together.

Online Library How Doctors Think Jerome Groopman

[ROMANCE](#) [ACTION & ADVENTURE](#) [MYSTERY & THRILLER](#) [BIOGRAPHIES & HISTORY](#) [CHILDREN'S](#) [YOUNG ADULT](#) [FANTASY](#) [HISTORICAL FICTION](#) [HORROR](#) [LITERARY FICTION](#) [NON-FICTION](#) [SCIENCE FICTION](#)